

VETERAN HEALING & RESILIENCE SUPPORT GROUP

INSPIRED BY THE BOOK:

THE BODY KEEPS THE SCORE - TRAUMA IS STORED IN THE BODY

This group is designed for Veterans seeking Christ-centered healing:

- **Regulate** – *Light Exercise to calm the body*
- **Relate** – *Story Sharing & Support*
- **Reason** – *Transforming hardship into testimony, trusting God to work all things together for good.*

(Romans 8:28)



Every Thursday

Starting October 2, 2025



Time

7:00 PM - 8:15 PM



Groups Size: 12

(Open enrollment as spots are available)



Walk By Faith Counseling's

2nd Location at The CulTure Gym

3375 W College Ave, Appleton, WI 54914



Free for Veterans

Enrollment required to reserve your spot

Trauma-informed-Counselor Led-Support

Facilitators: Terry Reese (USCG) and Brian Withrow (ANG)

This group is designed for veterans in our care and others in the community who want a supportive space to process challenges and build resilience together. The idea emerged from lived military experience and a shared understanding of how important peer support can be.

The group is free of charge so that no one is limited by cost. Our goal is simply to create a place where veterans can come alongside one another for encouragement and healing.



www.walkbyfaithcounseling.com



920-238-3340 (Option 1)



Find Empathy, Safety, and Healing

Walk by Faith Counseling