

MONDAY MANNNA

A Sermon Recap with Weekly Application



Sermon Series:



Message: "To Be Continued..." 2 Timothy 1:1-5

Paul's letter to Timothy reminds us that family matters because faith is meant to be passed from one generation to the next. Even from a prison cell, Paul saw beyond his current circumstances and invested in what would continue through Timothy. Our stories don't end with our struggles—God uses our lives to keep the faith going in others. "To be continued" is not the end; it's the promise that the story is bigger than one episode.

Quick Bite

1. Inventory What You've Inherited (v. 5)

Paul recognized that Timothy's faith had roots in his grandmother Lois and his mother Eunice. None of us start from scratch—we all inherit something. Take time to identify the spiritual influences, values, and patterns that have shaped you.

2. Pay Attention to What You're Passing (vv. 1-4)

Paul intentionally poured into Timothy through prayer, encouragement, and example. What you live, say, and do is being watched and learned by someone. Be mindful of the legacy you are building in your family, your church, and your community.

3. Be Intentional About Interruption

Just because something has been passed down doesn't mean it has to continue. We have the power, through Christ, to interrupt negative cycles and replace them with faith, healing, and a better story for the next generation.

Big Bite

Take Inventory This Week

Spend time in prayer and reflection. Identify one positive thing you want to keep passing down and one negative cycle you need to surrender to God. Ask for His help to be intentional about what continues through you.

Invest in Someone's Next Chapter

Pray for, encourage, and intentionally pour into at least one person—your child, a family member, a young person, or someone in your church. Speak life, share your experiences, and help them see that their story is still being written with God.

The Crumb

"Your story isn't over—God is still writing, and what you pass on today can change tomorrow."

