

2026 ORIENTATION

FIRST SEMESTER INTAKE

SALT RIVER - CAPE TOWN

DAY 1

TIME	SESSION
09:00 - 09:20	Welcome to Capsicum & Orientation Overview
09:20 - 09:45	Who We Are - Capsicum Overview
09:45 - 10:15	Red-Hot Recipe for Success
10:15 - 10:30	Comfort Break
10:30 - 11:00	Meet the Campus Team
11:00 - 11:30	Campus Tour
11:30 - 12:15	Health, Safety & Emergency Procedures
12:15 - 12:45	Campus Rules & Etiquette
12:45 - 13:30	Kitchen Etiquette -Introductory
13:30 - 14:00	Student Life & SRC + Recap

2026 ORIENTATION

FIRST SEMESTER INTAKE

SALT RIVER - CAPE TOWN

DAY 2

TIME	SESSION
09:00 – 09:15	Ice Breaker Activity
09:15 – 09:45	Academic Expectations
09:45 – 10:15	Programme Orientation
10:15 – 10:30	Comfort Break
10:30 – 11:00	Accreditation & NQF Orientation
11:00 – 11:45	ARC & Electronic POE (E-POE)
11:45 – 12:30	Assessments Explained
12:30 – 13:15	Student Systems Overview
13:15 – 13:45	Work Integrated Learning (WIL)
13:45 – 14:00	Day 2 Wrap-Up

2026 ORIENTATION

FIRST SEMESTER INTAKE

SALT RIVER - CAPE TOWN

DAY 3

TIME	SESSION
09:00 – 09:10	Ice Breaker Activity
09:10 – 09:45	Kitchen Compliance & Orientation
09:45 – 10:10	Equipment, Safety & SOP Awareness
10:10 – 10:25	Kitchen Orientation Activity
10:25 – 10:35	Comfort Break
10:35 – 10:55	The Hospitalian Way
10:55 – 11:25	Code of Conduct & Academic Integrity
11:25 – 11:35 / 11:45	Formal Orientation Close
11:45 onwards	Campus Social & Fun Activity