



August 5, 2026

Back to School Season in Proviso Township

Summer is coming to an end, and families and children are preparing to go back to school. It's been a whirlwind of a season for everyone and many of the agencies that we support are also gearing up for a return to school with school supply drives and orientations for students and caregivers. But heading back to the classroom can also be challenging for many students. If your child is feeling anxious or stressed, check out this [resource from Mental Health America](#) for tips on helping your student prepare for the return to school.

You can also check out the services that many of our agencies provide right here in Proviso Township by visiting our website at www.ptmhc.org. Agencies like the [Proviso Public Partnership](#) are preparing to visit schools again to talk about youth mental health, substance abuse, and healthy habits. [Ascension Healthcare](#) is also continuing their popular Strengthening Families Program that provides caregivers and children with the tools to communicate better and navigate difficulties more productively.

Part of going back to school is about reconnecting with our communities after the summer break. Many local towns are again participating in National Night Out on August 5th. This is a great opportunity for community and local police to connect in a relaxed atmosphere that has family friendly activities with first responders. These interactions help strengthen our communities by giving residents the opportunity to have positive interactions with first responders outside of a crisis situation.

We look forward to seeing many of you out in the community as we move into Autumn!