January 2026

Mental Health Commission Delivers for Residents

Thousands of residents find support to lead healthy productive lives

Twenty-two agencies provided behavioral health services to thousands of Proviso Township residents across 14 villages in 2025. Those agencies provided support and services for residents facing challenges with developmental and intellectual disabilities, mental health struggles, substance use disorders, and preventative services.

“Our job is to improve the quality of life for our residents across the entire township,” said Proviso Township Mental Health Commission President Mike Corrigan. “When we address these issues proactively, everyone benefits because we don’t have as many people slipping into crisis situations which are financially and socially costly for our communities.”

The Mental Health Commission partners with different agencies, municipalities, and stakeholders to target needs in the community. While many programs continue to address the needs of adults and seniors, the Commission renewed their emphasis on services for young people and their families last year. By working with local schools and other community-based organizations, the Commission identified a marked increase in behavioral and mental health concerns among adolescents. Those risky behaviors include vaping, and substance use disorders, particularly with cannabis consumption. Rising rates of anxiety and depression among young people were also concerning.

“Since we are constantly monitoring behavioral health markers in the community, we were able to identify these needs and bolster our support for programs that serve families and children,” said Corrigan. “We work closely with our local schools and other community organizations to ensure that they have the support that they need to help children and families before they reach a crisis.”

If you or someone that you know is in need of behavioral health services, please contact the PTMHC at 708-234-TALK to learn more about the agencies providing services in your community.

“This is important work because healthy communities are successful communities,” said Corrigan. “Just like it is important to treat a broken arm, or high blood pressure, it’s important to treat depression, or substance use disorders. We are here to help everyone live up to their potential and contribute to our communities.”