

September 2026

Grade: _____

St. John the Evangelist

Name: _____



CFI
CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Italian Cheesy Pull Aparts Marinara Dipping Sauce Fresh Broccoli Bites w/ Ranch Seasonal Fruit Choice of Milk	2 LOCAL All Beef Hot Dog WG Hot Dog Bun Ketchup Packet Baby Carrots Seasonal Fruit Choice of Milk	3 WG Chicken Pizza Quesadilla Sour Cream Taco Seasoned Corn WG Churro Crackers Seasonal Fruit Choice of Milk	4 Italian Meatballs & Marinara Twirly Pasta Garden Salad Blend w/ Italian Dressing WG Artisan Dinner Roll Seasonal Fruit Choice of Milk
7 LABOR DAY NO SCHOOL	8 Teriyaki Chicken WG Brown Rice Baby Carrots Seasonal Fruit Choice of Milk	9 Beef Hamburger Patty w/ Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Roasted Baby Baker Potatoes Seasonal Fruit Choice of Milk	10 Diced Chicken Taco w/ Cheese WG Soft Flour Tortilla Shredded Lettuce Salsa Cup WG Tortilla Chips (1 oz.) Seasonal Fruit Choice of Milk	11 WG Popcorn Chicken (5) BBQ or Hot Sauce Packet NEW! WG Mac & Cheese (side) Romaine Salad w/ Dressing WG Pretzel Breadstick Seasonal Fruit Choice of Milk
14 WG Beef & Cheese Burrito Sour Cream Fiesta Black Beans WG Farmer's Market Crackers Seasonal Fruit Choice of Milk	15 WI Harvest of the Month- Cucumber Crunch! Sweet & Sour Chicken WG Brown Rice Fresh Cucumber Slices w/ Ranch Seasonal Fruit Choice of Milk	16 Beef Meatball Sub w/ Marinara & Mozzarella Cheese WG Bun Baby Carrots Seasonal Fruit Choice of Milk	17 International Eat an Apple Day WG Breaded Chicken Drumstick BBQ Sauce Packet Sweet Corn Kernels WG Cornbread w/ Honey Fresh Local Apple Choice of Milk	18 -DOMINO'S PIZZA DAY- Domino's Cheese Pizza Slice Romaine Salad w/ Dressing NEW! WG Sour Cream & Onion Goldfish Seasonal Whole Fruit Choice of Milk
21 NEW! Salisbury Steak w/ Gravy Roasted Baby Baker Potatoes WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	22 WG Chicken Nuggets (5) BBQ Sauce Packet Steamed Green Beans Assorted WG Crackers Seasonal Fruit Choice of Milk	23 Italian Meat Sauce & Marinara Twirly Pasta Fresh Broccoli Bites WG Artisan Dinner Roll Seasonal Fruit Choice of Milk	24 WG Breaded Chicken Patty WG Hamburger Bun Mayo Packet Steamed Carrots Seasonal Fruit Choice of Milk	25 National Quesadilla Day Two Cheese, Chicken, & Green Chile WG Quesadilla Taco Sauce Packet Ranchero Pinto Beans Seasonal Fruit Choice of Milk
28 Sweet & Sour Meatballs WG Brown Rice Baby Carrots Assorted WG Crackers Seasonal Fruit Choice of Milk	29 Taco Tuesday Beef Taco w/ Shredded Cheese WG Soft Flour Tortilla Sour Cream Fiesta Black Beans Seasonal Fruit Choice of Milk	30 WG Cheese Pizza Sticks (2) Marinara Dipping Sauce Romaine Salad w/ Dressing Seasonal Fruit Choice of Milk		MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

K-8 Hot Lunch Menu

Please circle the days you will take lunch and return by August. 26th