

# October 2026

## St. John the Evangelist K-8 Hot Lunch Menu

Grade: \_\_\_\_\_

Name: \_\_\_\_\_



# CFI

CENTERS FOR INDEPENDENCE

| MONDAY                                                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                                                                                  | WEDNESDAY                                                                                                                                                                                  | THURSDAY                                                                                                                                                          | FRIDAY                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MILK FOR SCHOOLS:</b><br>SKIM WHITE<br>LOW FAT WHITE<br>SKIM CHOCOLATE<br><br>MENU SUBJECT TO CHANGE                                                                                                                                         | <br><b>We'd love your feedback! Scan the QR Code for this week's survey.</b>                                                                                                            | <b>CORRECTED MENU</b>                                                                                                                                                                      | <b>1</b><br>WG Chicken Tenders (3)<br>Signature Sauce<br>Mashed Potato Smiles<br>Ketchup Packet<br>Seasonal Fruit<br>Choice of Milk                               | <b>2</b><br><b>NO SCHOOL</b>                                                                                                                                    |
| <b>5</b><br>Glazed Chicken Leg<br>BBQ or Hot Sauce Packet<br>Vegetarian Baked Beans<br>WG Cornbread w/ Honey<br>Seasonal Fruit<br>Choice of Milk                                                                                                | <b>6</b> <b>National Noodle Day</b><br>Creamy Chicken Alfredo<br>Twirly Noodles<br>Fresh Broccoli Bites<br>WG Pretzel Breadstick<br>Seasonal Fruit<br>Choice of Milk                                                                                                     | <b>7</b><br>Beef Hamburger Patty w/<br>Cheddar Cheese Slice<br>WG Hamburger Bun<br>Ketchup Packet<br>Sweet Corn Kernels<br>Seasonal Fruit<br>Choice of Milk                                | <b>8</b><br>Orange Chicken<br>WG Brown Rice<br>Baby Carrots<br>Seasonal Fruit<br>Choice of Milk                                                                   | <b>9</b><br>WG Beef Pepperoni Calzone<br>Garden Salad Blend w/ French Dressing<br>WG Cheddar Goldfish<br>Seasonal Fruit<br>Choice of Milk                       |
| <b>12</b> <b>National School Lunch Week</b><br><b>NEW! Baked Potato Bowl</b><br>Seasoned Beef & Shredded Cheese<br>Roasted Baby Baker Potatoes<br>Sour Cream packet<br>WG Buttermilk Biscuit w/ Grape Jelly<br>Seasonal Fruit<br>Choice of Milk | <b>13</b> <b>National School Lunch Week</b><br><b>NEW!</b> WG Turkey Chorizo Pizza<br>Quesadilla<br>Taco Sauce Packet<br>Shredded Lettuce<br><b>NEW!</b> Buffalo Ranch Fava Bean Crisps<br>Seasonal Fruit<br>Choice of Milk                                              | <b>14</b> <b>National School Lunch Week</b><br><b>NEW!</b> Breaded Chicken Fillet Sandwich<br>WG Hamburger Bun<br>Signature Sauce<br>Baby Carrots<br>Seasonal Fruit<br>Choice of Milk      | <b>15</b><br><b>EARLY DISMISSAL</b><br><b>½ DAY</b>                                                                                                               | <b>16</b><br><b>NO SCHOOL</b>                                                                                                                                   |
| <b>19</b><br>Colby Cheese Omelet<br>WG Eggo Mini Blueberry Pancakes<br>100% Vegetable Juice & Baby Carrots<br>Seasonal Fruit<br>Choice of Milk                                                                                                  | <b>20</b> <b>WI Harvest of the Month- Great Apple Crunch!</b><br>Chicken Taco w/ Shredded Cheese<br>WG Soft Flour Tortilla<br>Taco Sauce Packet, Shredded Lettuce<br>Ranchero Pinto Beans (1/2 cup)<br>WG Trick or Treat Crackers<br>Fresh Local Apple<br>Choice of Milk | <b>21</b><br>Popcorn Chicken (5)<br>BBQ or Hot Sauce Packet<br>WG Mac & Cheese (side)<br>Garden Salad Blend w/ Ranch Dressing<br>WG Pretzel Breadstick<br>Seasonal Fruit<br>Choice of Milk | <b>22</b><br>Hot Turkey & Gravy Sandwich on WG Hamburger Bun<br>Cranberry Sauce<br>Mashed Potatoes<br>Seasonal Fruit<br>Choice of Milk                            | <b>23</b><br>WG Italian Cheesy Pull Apart<br>Marinara Dipping Cup<br>Fresh Broccoli Bites (1/2 cup)<br>Assorted WG Crackers<br>Seasonal Fruit<br>Choice of Milk |
| <b>26</b><br>Teriyaki Chicken<br>WG Brown Rice<br>Baby Carrots<br>WG Pretzel Breadstick<br>Seasonal Fruit<br>Choice of Milk                                                                                                                     | <b>27</b> <b>National Potato Day</b><br>WG Chicken Nuggets<br>BBQ or Hot Sauce Packet<br>Roasted Baby Baker Potatoes<br>Seasonal Fruit<br>Choice of Milk                                                                                                                 | <b>28</b><br><b>LOCAL</b> All Beef Hot Dog<br>WG Hot Dog Bun<br>Ketchup Packet<br>Vegetarian Baked Beans<br>Seasonal Fruit<br>Choice of Milk                                               | <b>29</b><br>Italian Meat Sauce Marinara<br>Twirly Pasta<br>Romaine Salad Blend w/ Italian Dressing<br>WG Artisan Dinner Roll<br>Seasonal Fruit<br>Choice of Milk | <b>30</b><br>Manager's Choice Entrée<br>Seasonal Vegetables<br>Seasonal Fruit<br>Choice of Milk                                                                 |

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

This institution is an equal opportunity provider.

**Please circle the days you will take  
lunch and return by Sept. 24th**