



# REVIVAL ATHLETICS

## TUMBLING CLASS POLICIES AND PRICING

Revival Athletics is thrilled to offer tumbling classes for athletes ages 4-18 years old.

All classes will be split by level. Each leveled class has specific prerequisites to enter. Check out our leveled class chart below.

### REGISTRATION

**\$50** annual registration fee (per athlete)

All class registrations will be made through your iClassPro portal.

### CLASS PRICING | LEVELED CLASSES AGES 8-18

Leveled classes will be offered Monday-Thursday. Each class will have pre-requisites required for class enrollment.

**\$85 per month** - *one weekly tumbling class (4 total per month)*

**\$135 per month** - *two weekly tumbling classes (8 total per month)*

**\$25 drop in class** - *one time class*

### CLASS PRICING | TINY TUMBLERS AGES 4-7

Tiny Tumblers Intro is designed for our younger athletes beginning their tumbling training.

Tiny Tumblers Level 1 is designed for our younger athletes ready to advance beyond the Intro class, but still fit the Tiny Tumblers age group.

**\$70 per month** - *one weekly tumbling class (4 total per month)*

**\$120 per month** - *two weekly tumbling classes (8 total per month)*

**\$25 drop in class** - *one time class*

REVIVAL ATHLETICS TEAM ATHLETES WILL RECEIVE A \$20 DISCOUNT ON MONTHLY CLASS TUITION.

## INFO

- All classes are 1 hour.
- Each class will be staffed by 1-2 of our qualified tumbling instructors.
- All classes will follow the same progression program created by our staff.
- Classes will consist of a dynamic warm up, stretch, skill warm up/check points, drills and stations, and strength work.
- Classes can/will be split by age depending on enrollment numbers and staffing availability.
- Tiny Tumblers classes will be 1 hour.
- Tiny Tumblers classes will follow the same progression program created by our staff.
- Tiny Tumblers Intro classes will include more fundamental learning opportunities such as shape, color, and body awareness drills.

## POLICIES

- All members are required to have a signed waiver on file and active gym registration.
- Only registered athletes are allowed in the gym training space.
- Revival Athletics does not take cash or check.
- **Credit Card Authorization Forms** will be required when booking.
- Athletes are required to wear appropriate clothing during all classes. (T shirt or Tank Top, Sports Bra, Athletic Shorts, Socks & Shoes)
- Inappropriate clothing will not be allowed. (Profanity, Violence, Ill fitting apparel, etc)
- All class athletes must wear cheer shoes or athletic sneakers to class.
- Hair must be up and out of the athletes face for all classes.
- Absolutely **NO** jewelry is allowed.
- Class registrations are on a first come first serve basis. (Limited spots available)
- Class registrations will **automatically** re-enroll each month, unless you choose to drop the class.
- If an athlete chooses to drop a class, our drop form **must be completed by the 25<sup>th</sup>** of the month prior. (Ex: if you wish to drop your class spot for the month of July, your drop form must be submitted by June 25<sup>th</sup>)
- All credit cards on file will be ran on the 1<sup>st</sup> of every month.
- If a credit card gets declined, the athlete will be dropped from the class.
- If there are current outstanding balances on your account, the athlete will be dropped from the class.
- If an athlete misses a class, they will be given a **makeup class credit** through iClassPro. (Each athlete is allotted only 1 per month)
- The makeup class credit **must be used within 30 days** of the absence.
- Months with gym closure dates due to holidays will provide an additional makeup class credit through iClassPro.
- Athletes can only take a makeup class that is same level or a lower level than their registered class.
- Athletes must be able to perform the required prerequisites with safe and proper technique to advance class levels.
- If an athlete cannot perform the required skills for that level or maintain their current skills, the athlete will be switched into the properly leveled class.
- All athletes are expected to show positive behavior, and treat their class instructors, fellow class attendants, and the gym space with respect.

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# LEVELED CLASS CHART

- SKILLS IN BOLD ARE THE ENTRY LEVEL SKILLS FOR THE NEXT CLASS, AND WILL BE WORKED ON ONCE AN ATHLETE SHOWS MASTERY OF THE CURRENT LEVEL.

	PREREQUISITE	SKILLS WORKED
INTRO TUMBLE		FORWARD ROLL BACKWARDS ROLL HANDSTAND CARTWHEEL FRONT LIMBER BRIDGE UP BACKBEND
LEVEL 1	FRONT LIMBER  BRIDGE UP  BACKBEND KICK OVER  CARTWHEEL HANDSTAND	BACK WALKOVER  BACK WALKOVER SWITCH  FRONT WALKOVER  ROUND OFF  VALDEZ  <b>BACK HANDSPRING</b> <b>ROUND OFF BACK HANDSPRING</b>
LEVEL 2	BACK WALKOVER SWITCH  FRONT WALKOVER CARTWHEEL  ROUND OFF REBOUND	BACK WALKOVER BACK HANDSPRING  BACK WALKOVER SWITCH BACK HANDSPRING  FLYSPRING  ROUND OFF 2 BACK HANDSPRINGS  ROUND OFF BACK HANDSPRING STEP OUT  <b>AERIAL</b>  <b>STANDING MULTIPLE BACK HANDSPRINGS</b>  <b>ROUND OFF BACK HANDSPRING TUCK</b>
		ROUND OFF BACK HANDSPRING TUCK  FRONT WALKOVER AERIAL

<p>LEVEL 3</p>	<p>BACK WALKOVER BACK HANDSPRING</p> <p>ROUND OFF 2 BACK HANDSPRINGS</p>	<p>FRONT HANDSPRING PUNCH FRONT</p> <p>STANDING 3 BACK HANDSPRINGS</p> <p>BACK WALKOVER 2 BACK HANDSPRINGS</p> <p>BACK HANDSPRING STEP OUT MULTIPLE BACK HANDSPRINGS</p> <p><b>STANDING TUCK</b></p> <p><b>MULTIPLE BACK HANDSPRINGS TO TUCK</b></p> <p><b>LAYOUT</b></p>
<p>LEVEL 4, 5, + 6</p>	<p>ROUND OFF BACK HANDSPRING TUCK</p> <p>STANDING 3 BACK HANDSPRINGS</p>	<p>ROUND OFF BACK HANDSPRING LAYOUT</p> <p>PUNCH FRONT STEP OUT</p> <p>WHIPS</p> <p>STANDING BACK HANDSPRING TO TUCK, LAYOUT OR FULL</p> <p>ARABIANS</p> <p>FULLS AND DOUBLES</p> <p>STANDING BACK HANDSPRINGS TO FULL OR DOUBLE</p>