



# DIMENSIONS FOR AUTISM

## Torbay Group - 2025

A friendly group of autistic adults from the Torbay area who meet in Paignton on the last Monday of each month.

Always 14.30 -16.30 pm

29<sup>th</sup> Sep – Meltdown/Burnout Shame

27<sup>th</sup> Oct – Learn Devon Visit

24<sup>th</sup> Nov – Disclosure and Reasonable Adjustments at  
work/education

15<sup>th</sup> Dec – Coping with Change

For more information or If you have any questions, contact:



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Unfortunately DFA cannot provide support to children  
under 18 or adults with a learning disability

Scan this QR code to  
visit the DFA website:

