



DIMENSIONS FOR AUTISM

May 2026

A friendly group of independent autistic adults who meet regularly for discussions, mutual support and community outings in Devon

Date	Start	End	Location*	Topic
04/05/2026	15.00	17.00	Exeter	Ladies' group (open discussion)
07/05/2026	14.30	16.30	Online	Lesser-known sensory differences
08/05/2026	14.30	16.30	Barnstaple	Open discussion
14/05/2026	14.30	17.00 ⁺	Community	Community outing
20/05/2026	18.00	20.00	Online	LGBTQ+ group (open discussion)
21/05/2026	14.30	16.30	Newton Abbot	Alexithymia
21/05/2026	18.00	20.00	Online	Young Adults Group
27/05/2026	14.30	16.30	Paignton	Alexithymia
28/05/2026	14.30	16.30	Exeter	Lesser-known sensory differences

* Exact meeting locations can be requested using the contact details below

+ Approximate end time – actual end time may be different

If you have any questions, contact:



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For more information, visit:



www.dimensionsforautism.life

Unfortunately DFA cannot provide support to children under 18 or adults with a learning disability

Scan this QR code to visit the DFA website:

