



DIMENSIONS FOR AUTISM

June 2025

A friendly group of independent autistic adults who meet regularly for discussions, mutual support and community outings in Devon

Date	Start	End	Location*	Topic
02/06/2025	15.00	17.00	Exeter	Ladies' group (open discussion)
05/06/2025	14.30	16.30	Online	Hobbies and pastimes
12/06/2025	14.30	19.00+	Community	Community outing
12/06/2025	18.00	20.00	Online	Evening Group (open discussion)
13/06/2025	14.30	16.30	Barnstaple	Open discussion
18/06/2025	18.00	20.00	Online	LGBTQ+ group (open discussion)
19/06/2025	14.30	16.30	Newton Abbot	Autistic Hyperfocus
19/06/2025	19.00	20.30	Online	Younger Adults group (18+)
26/06/2025	14.30	16.30	Exeter	SMART goal-setting
30/06/2025	14.30	16.30	Paignton	Autism and mental health

** Exact meeting locations can be requested using the contact details below*

+ Approximate end time – actual end time may be different

If you have any questions, contact:



trishdarke.dimensionsforautism@gmail.com

For more information, visit:



www.dimensionsforautism.life

Unfortunately DFA cannot provide support to children under 18 or adults with a learning disability

Scan this QR code to visit the DFA website:

