



DIMENSIONS FOR AUTISM

June 2026

A friendly group of independent autistic adults who meet regularly for discussions, mutual support and community outings in Devon

Date	Start	End	Location*	Topic
01/06/2026	15.00	17.00	Exeter	Ladies' group (open discussion)
04/06/2026	14.30	16.30	Online	Tips for avoiding burnout
11/06/2026	14.30	17.00+	Community	Community outing
12/06/2026	14.30	16.30	Barnstaple	Open discussion
17/06/2026	18.00	20.00	Online	LGBTQ+ group (open discussion)
18/06/2026	14.30	16.30	Newton Abbot	Co-occurring conditions
18/06/2026	18.00	20.00	Online	Young Adults Group
25/06/2026	14.30	16.30	Exeter	Tips for unmasking
29/06/2026	14.30	16.30	Paignton	Tips for unmasking

* Exact meeting locations can be requested using the contact details below

+ Approximate end time – actual end time may be different

If you have any questions, contact:

 trishdarke.dimensionsforautism@gmail.com

For more information, visit:



www.dimensionsforautism.life

Unfortunately DFA cannot provide support to children under 18 or adults with a learning disability

Scan this QR code to visit the DFA website:

