

Wasatch View LASIK



PRK Pre-Operative Instructions

- ✓ It is recommended that you eat a light meal prior to your procedure and avoid beverages containing caffeine or alcohol 24 hours prior to surgery.
- ✓ If you are on any medications, you may take them as you normally do. If you are taking medications that will make you drowsy during the procedure, advise your doctor.
- ✓ For the surgery you should dress casually and comfortably. Keep in mind the operating room is kept cool so the laser will operate properly.
- ✓ **Do not** wear any fuzzy sweaters, hair spray, face or eye makeup/powder, perfume, after-shave, cologne or scented bath gel/soaps/lotions. Please make sure you have removed necklaces, earrings and any facial jewelry. We ask that you come freshly showered. You need to clean around your eyes and eyelids very well with baby shampoo and water. No make-up should be left on the eyes.
- ✓ Plan to be at the surgery center for about 1-2 hours. **Do not bring your children.** You are required to bring a companion who can drive you home. **You are not allowed to drive yourself home after the surgery.** Also, you will need a driver the next morning.
- ✓ We ask patients to buy **preservative-free** artificial tears. The brand we recommend is Refresh Plus. Artificial tears can be found over-the-counter by most pharmacies.
- ✓ You should have received a prescription for Oculfox & Pred Forte. We recommend that you have these filled prior to having the procedure. You do not need to bring them with you to the surgical center. You will be given a prescription for pain medication at the surgical center.
- ✓ After your PRK procedure you will have the following follow-up appointments:
 - 1 day
 - Approximately 4 days for contact lens removal
 - 1-2 weeks
 - 2-3 months