



TIMEWISE, 2ND EDITION MIDDLE SCHOOL



Session 5: Shared Leisure Interests...Who Has Similar Interests as I Do?

This sessions gives students an opportunity to interact with other students in terms of their interests, motivations, and perceived benefits. This session is essentially activity based.

Student Goals

1. To identify other students who have similar interests or who have interests they might want to learn more about.
2. Continue to explore how different types of motivation affect feelings and attitudes.

Students will Think About

1. Who has similar interests as I do, or who has an interest that I would like to learn more about.
2. How does why I do an activity have an effect on how I feel about my activities and what I get out of them?

Subtopics

1. Learning about others' activity interests, motivations, and benefits.

Materials

- Tic-Tac-Toe Activity (pg. 13 Student Book)

- TW Teacher Manual pages 26-27

Activity

1. Tic-Tac-Toe Activity (pg. 13 Student Book)

Activity Tic-Tac-Toe

Directions: In each square, write an activity you'd like to try. When your teacher tells you to, find a person who has done each of these activities and ask him/her:

- Why he/she does or did the activity (motivation).
- What benefits he/she gets or got from the activity.

Write the person's motivation (M) and benefits (B) in the square for that activity. Your goal is to fill in 3 squares in a row!

Activity: _____ M _____ B _____	Activity: _____ M _____ B _____	Activity: _____ M _____ B _____
Activity: _____ M _____ B _____	Activity: _____ M _____ B _____	Activity: _____ M _____ B _____
Activity: _____ M _____ B _____	Activity: _____ M _____ B _____	Activity: _____ M _____ B _____

Subtopic 1: How Do Other Students Spend Their Time and Why

Example Conversation Starters

- What do you think other students do in their leisure time?
- What is the most popular leisure activity of students in your grade?
- Why do you think your friends do with they do in their leisure time?
- Do you think students in this school/community would like to know more about different leisure activities?

Activity 1: Tic-Tac-Toe (page 13 in student book).

1. On the first line of each square on the Tic-Tac-Toe sheet, students are to write down activities that they have never tried but would like to. These should be realistic choices that they may actually be able to do. If the students cannot think of 9 new activities, they can list things they already do.
2. Once everyone has completed the first line of each square, the students will circulate around the room to try to find others in the room who have done the activities they have listed.
3. Once they have found someone who has done an activity on their sheet, they are to ask that person (a) what his/her motivations were for doing it, and (b) how he/she felt/feels about doing the activity. The students should write these down on their sheet in the appropriate square on the appropriate lines (M = motivations; B = Benefits).
4. Rule: When telling someone why they do something, the students have to use one of the 5 motivations talked about in the lesson (put on board or overhead).
5. Optional: The students can also ask the person they find about how someone feels about engaging in the activity listed in the square.
6. The objective is to fill in three squares in a Tic-Tac-Toe (3 in a row, straight or diagonally).

Discuss and Summarize

- Were you able to find others who had done the activities you want to do?
- Do you think you would do the activities for the same reasons as others?

- Do you think you or other people might get the same benefits from the activities as the other people?
- What other benefits might you get?
- Would you feel the same or differently about the activities as the people you talked to?

It's important to think about how we feel when doing different activities. This is true because, for example, if you are doing an activity for the first time, you might feel frustrated. And feeling frustrated might result in poor performance or not wanting to do the activity ever again.

Our feelings tend to be more positive when we are doing activities because we want to. And if you feel more positive, you are likely to have a better experience, to get more benefits from the activity, and to want to do the activity again.