

Students Will Think About

1. In general, the types of risks they like to take that give them positive challenges and benefits.
2. How what they do in leisure time can provide them with positive risks.
3. What kind of risk taker they are.
4. How they can analyze a situation and be aware when it might turn into a negative risky one.

Subtopics

1. Defining risk, positive and negative risk, and risk taking
2. Risk taking in leisure time
3. Knowing when a situation might turn risky

Activity

1. Identify Positive and Negative Risks (2 activity choices)
2. Analyzing When a Situation Might Turn Risky

Materials

TimeWise teacher manual, pages 87 to 91, risk dilemma cards (Master 14).

The following are good videos to show students:

- *Risky Decisions -- They Can Be a Good Thing for Teens to Make:*
<https://www.youtube.com/watch?v=dliN2jLBbCU>
 - Risk Index, Decision Trap
 - HALT: Don't take a risk when you are hungry, angry, lonely, or tired
 - Don't cross the stupid line!
- *Teens and Risk Taking:* <https://www.youtube.com/watch?v=kh4-R9xFAys>
- *The Adolescent Brain:* <https://www.youtube.com/watch?v=0O1u5OEc5eY>
- *How Friendship Affects the Brain:*
<https://www.youtube.com/watch?v=YmVpwXH4jhA>
- *The Adolescent Brain: A Second Window of Opportunity:*
<https://www.youtube.com/watch?v=-1FRco3Bjyk>