

Subtopic 5: Explore Passion Projects

Passion projects help students go deeper into what they care about, follow their curiosity and explore what they love to do. These projects can be fun, meaningful, and a way to try something new or build a skill.

Student goals:

- Identify personal interests they would like to explore further.
- Learn, build confidence, and express creativity through passion project exploration.

Time Frame:

- 30–60 minutes (or ongoing over several sessions)

Flexible timing/ adaptable format: Can be completed in short segments or extended across multiple sessions.

This can be a weekly, monthly, semester or year long project. It can be done multiple times a year.

Example Conversation Starters:

“What’s something you’ve always wanted to try?”

“What are you good at? What do you want to get better at? What do you want to learn more about?”

“If you could become an expert or teach a class about anything, what would it be?”

“How can you bring together your passions and things you care about to help others?”

Discussion Questions:

- Passion Brainstorm: Invite students to create a “My Ideas” sheet with activities they’d love to try (cooking, art, coding, dancing, etc.).
- LYW Wellness Themes Activity: Match potential passion projects to LYW wellness categories.

- Explore Fair (optional): Host a classroom (or school-wide) “Explore Fair” where students or visitors share hobbies or skills.