



March 20 is known nationally as Match Day. The

Family Medicine Residency Program at Winter Haven Hospital and sponsored by the Florida State University College of Medicine learned which residents will be joining them this summer.

Around BayCare Polk

Hello! Below are some highlights of the happenings around Bartow Regional Medical Center, Winter Haven Hospital and Winter Haven Women's Hospital and other BayCare properties in Polk County. Please credit BayCare Health System if you reproduce any of the items below in your publications. If you would like more information about any of the items below, feel free to reach out to Nafari Morris at 863-514-6388 or nafari.morris@baycare.org.

BayCare's Graduate Medical Education Program Doubles in Size After 2026 Match Day

For the second year in a row, BayCare's Graduate Medical Education program filled 100% of its open residency positions after completing a successful Match Day on March 20, nearly doubling the size of the program. This July, BayCare will welcome 194 new residents into its program, bringing the total number to more than 400. Read more: <https://baycare.org/newsroom/2026/march/baycares-graduate-medical-education-program-doubles-in-size-after-successful-2026-match-day>

New Director of Operations at Bartow Regional Medical Center

Bartow Regional Medical Center has named Kofi A. Cash, D.Sc., FACHE, as its new director of operations. Cash brings more than 15 years of hospital leadership experience across academic medical centers and community health systems nationwide. In his new role, Cash will oversee operational strategy, capital planning, and hospital performance initiatives, working closely with physicians, nurses, and administrative leaders to advance patient outcomes, strengthen operational excellence, and support continued service expansion.

Bartow Regional Medical Center Expansion Project Update

Facilities Manager Carlos Felix took some time to tour the hospital in the midst of its \$110 million expansion project. Watch the video: <https://www.facebook.com/reel/1307410091434204>

Innovative Procedure to Control High Blood Pressure Now Available at Winter Haven Hospital

A new procedure aimed at controlling blood pressure is now available at Winter Haven Hospital. The procedure targets nerves near the kidneys that can become overactive and cause elevated blood pressure. During the minimally invasive procedure, the doctor inserts a very thin tube into the renal arteries and applies thermal energy to disrupt the nerves. The tube is removed, leaving no implant behind. The patient is under mild sedation during the procedure and is expected to go home on the same day. Learn more: https://baycare.org/newsroom/2025/february/innovative-procedure-to-control-high-blood-pressure-shows-exciting-results?fbclid=IwY2xjawQyi6NleHRuA2FlbQIxMABicmlkETFjNTlrMlIdySnViVkVhME0yc3J0YwZhcHBfaWQQMjlyMDM5MTc4ODIwMDg5MgABHggUfHiwCh_xgBYe0ax4-XhVxeAgOH01V8Rn_W7gg5G-vnNhSd-od4AyBcZ4_aem>If4mTmk2lipE1j8kflw7Sg

Team Member Recognitions

Each year, our hospitals help our team members celebrate milestone anniversaries. We also honor our Team Members of the Month and a Team Member of the Year is revealed. See photos from this year's festivities:

Bartow Regional Medical Center:

<https://www.facebook.com/BartowRegionalMedicalCenter/posts/pfbid021eymELXgVK5xuoWN G3Yyt5ZDNfvLLqB7VNqvAUUVQ6MyxatCobbU8TzxKrm033kW7I>

<https://www.facebook.com/BartowRegionalMedicalCenter/posts/pfbid08NRZDWTGKu4nKyQT5 mDPeD1Twu6wywTrbmV4Q9U73g32NzMV5hTLAgUKpiBUbYcal>

Winter Haven Hospital and Winter Haven Women's

Hospital: <https://www.facebook.com/WinterHavenHospital/posts/pfbid0zk1ga3UzEP56TMMtw 6gDbfwf22VD1XhK6YHiEPzSYm29dDMHuE28UYrAu2kPLJ47I>

<https://www.facebook.com/WinterHavenHospital/posts/pfbid0xAPsZd8rCrk9MMFcl7vhhMwnToARVaK1TbsVPyjXqD1GEKDdZ5JCt94NiU8EKUxVI>

Around the System

***EDITOR'S PICK*:** [BayCare Updates Plans for Community-Focused Care Beyond the Hospital](#)

[BayCare Opening New Urgent Care in Plant City](#)

[BayCare Leader Brings Varied Background, Education to Mission & Ethics Role](#)

[BayCare Surgeon, Patient Highlight Case for Lower Colorectal Cancer Screening Age](#)

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