



## NEWS RELEASE

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### City of Lakeland Issues Proclamation Recognizing Arts and Health Week

**Lakeland, FL** — Currently underway from November 3 – November 9, 2025, Arts and Health Week is a city-wide celebration highlighting the powerful connection between creative expression and well-being. On Monday, November 3, the City of Lakeland issued an official proclamation recognizing the week of special events alongside representatives from the Polk Arts & Health Collaborative, including the Watson Clinic Foundation's Arts in Medicine program.

"This year's Arts and Health Week offers something for everyone – from healthcare professionals to artists to community champions of all ages," reports the Watson Clinic Foundation's Arts in Medicine program director **Tiffany Van Wieren**. "This proclamation from the City of Lakeland highlights the value of these efforts and unites us all in our mission to elevate the health of our community through the creative arts."

Arts and Health Week is made possible through collaborations with valued local partners, Presenting Sponsor Orlando Health Watson Clinic Lakeland Highlands Hospital, and grant support from the Polk Arts & Cultural Alliance.

**For more information and to RSVP for any of the week's events, visit [BepARTofthepossible.org](http://BepARTofthepossible.org).**

**ABOUT THE WATSON CLINIC FOUNDATION ARTS IN MEDICINE PROGRAM:** *Housed in the Watson Clinic Cancer & Research Center at 1730 Lakeland Hills Blvd. in Lakeland, the Watson Clinic Foundation's Arts in Medicine program offers all forms of the expressive arts - including creative activities such as watercolor painting, origami, and mosaics - for cancer patients, caregivers and family members at the Watson Clinic Cancer & Research Center. Research shows that these creative outlets reduce anxiety, and create an environment that is more conducive to healing. For more information, visit [www.WatsonClinic.com/AIM](http://www.WatsonClinic.com/AIM).*

