

## Fruit to Root

### Unhealthy fruits

What am I feeling/  
experiencing?

### Who am I?

What do my feelings/ behaviors show  
about what I believe about myself?

### Who is god?

What does this show about the  
false god I believe in?

Confession of Sin

## Root to Fruit

### Fruits of the Spirit

How can I respond now?

### Who am I?

In light of what God has  
done, who am I?

### Who is God?

What are truths/ promises about  
God's character in the Bible?

Confession of Faith

Who am I?

Who is God?

Repentance

