



Ignite Week Day 3 - Wednesday

God, Reveal What Keeps Me From You



“Search me, God, and know my heart.” — Psalm 139:23

Sometimes the biggest things keeping us from Jesus aren't obvious.

We may think of barriers such as sins or bad choices. But good things can get between us and God, too—a crowded schedule, the need for approval, our work, success, comfort, our smart phones, even relationships, responsibilities and ministries we deeply value can occupy a place in our heart that belongs to God.

Other obstacles may be things we'd rather not look at—resentment we've held onto, a habit we've excused, a fear that controls us, or something Jesus has asked us to do that we keep avoiding.

That's why David prayed, “Search me, God, and know my heart” (Psalm 139:23). He didn't assume he could see everything clearly himself. He invited God to reveal his blind spots—and the things he might rather not see.

Jesus doesn't bring these things into the light to shame us, but because He loves us and wants us to be free. His invitation isn't simply, *Look at what's wrong with you*. It is, *Let Me remove what is keeping you from more of Me*.

READ

Read **Psalm 139:23–24** slowly. Notice what David asks God to do—and what he is willing for God to reveal.

Read it again, making the words your own. Pause after each phrase. *What words or phrases draw your attention?*

ASK

Pray: Jesus, You know me completely—better than I know myself. Search my heart and show me anything that is getting between You and me.

Reveal what I'm holding onto, avoiding, pursuing, or allowing to take Your place. Give me courage to see what You show me, humility to admit it, and grace to surrender it to You.

Search me, God. Show me what needs to change. Amen.

LISTEN

Sit quietly before God for several minutes. Don't try to make a list of everything you've done wrong. Simply pay attention to what He reveals.

What might be keeping me from Jesus? What am I holding on to too tightly or reluctant to surrender? Is there something I need to confess?

Notice your inner response, too. *What feels difficult—or freeing—about letting God search your heart?*

RESPOND

Write down what Jesus revealed. Confess what needs confessing. Release what needs releasing. Receive His forgiveness and grace.

Jesus, change whatever needs changing in me. I want nothing to keep me from You. Amen.