

Director of Food & Nutrition

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Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
31 Cheeseburger Fries Fresh Vegetable Diced Peaches 	1 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable 100% Fruit Juice	2 Spaghetti & Meatballs Garlic Toast Steamed Green Beans Fresh Vegetable Apple Slices	3 Walking Taco Bread Slice Baked Vegetarian Beans Fresh Vegetable Mixed Fruit	4 No School
7  NO SCHOOL	8 Corn Dog Nuggets Steamed Mixed Veggies Fresh Vegetable Applesauce	9 Breaded Chicken Sandwich Steamed Carrots Fresh Vegetable 100% Fruit Juice	10 Popcorn Chicken Bread Slice Steamed Corn Fresh Vegetable Banana	11 Cheese Pizza Baked Beans Fresh Vegetable Mixed Fruit
14 Salisbury Steak Bread Slice Mashed Potatoes Fresh Vegetable Pineapple Tidbits	15 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable 100% Fruit Juice	16 No School	17 Walking Taco Steamed Mixed Veggies Fresh Vegetable Mixed Fruit	18 Grilled Cheese Sandwich Steamed Carrots Fresh Vegetable Diced Pears
21 Chicken Nuggets Bread Slice Steamed Peas Fresh Vegetable Diced Peaches	22 Chicken & Cheese Quesadilla Fries Fresh Vegetable Applesauce	23 Beefy Macaroni Bread Slice Steamed Green Beans Fresh Vegetable 100% Fruit Juice	24 Loaded Beef & Cheese Fries Bread Slices Baked Vegetarian Beans Fresh Vegetable Banana	25 Cheese Pizza Steamed Broccoli Fresh Vegetable Mixed Fruit
28 Steak & Cheese Sub Steamed Mixed Veggies Fresh Vegetable Pineapple Tidbits	29 Hot Turkey Melt Steamed Green Beans Fresh Vegetable 100% Fruit Juice	30 Breaded Chicken Sandwich Steamed Cauliflower Fresh Vegetable Apple Slices	A little kindness goes a long way.	
Daily Milk Options: 1% and Fat Free				