

Holy Name of Jesus

November 2025 Lunch Menu



What Makes a Meal?

Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate
Vegetable
Fruit
Grain/Bread
Milk

Lunch must include at least one fruit or vegetable



Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- * **Dark Green**
- * **Red/Orange**
- * **Legumes**
- * **Starchy**
- * **Other**

Fruit Features

A daily variety of fruits will be offered to students:

- * **Fresh Fruits**
- * **Canned Fruits in light syrup**
- * **100% Fruit Juice (offered twice/week)**



Daily Milk Choices:

Fat Free Flavored
Fat Free White Milk
1 % White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/3 Salisbury Steak Dinner Roll Mashed Potatoes & Gravy Fresh Vegetable Diced Peaches	11/4 Chicken Nuggets Dinner Roll Steamed Green Beans Fresh Vegetable Applesauce	11/5 Macaroni & Cheese Garlic Toast Steamed Carrots Fresh Vegetable 100% Fruit Juice	11/6 Popcorn Chicken Bread Slice Steamed Corn Fresh Vegetable Banana	11/7 Cheese Pizza BBQ Baked Beans Fresh Vegetable Mixed Fruit
11/10 Cheeseburger Fries Fresh Vegetable Pineapple Tidbits	11/11 No School	11/12 Pancakes & Sausage Tater Tots Fresh Vegetable Apple Slices	11/13 Oven Roasted Turkey Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit	11/14 Grilled Cheese Sandwich Steamed Mixed Veggies Fresh Vegetable Diced Pears
11/17 Chicken Nuggets Dinner Roll Steamed Peas Fresh Vegetable Diced Peaches	11/18 French Toast Sticks Sausage Patties Fries Fresh Vegetable Applesauce	11/19 Breaded Chicken Sandwich Steamed Broccoli Fresh Vegetable 100% Fruit Juice	11/20 Walking Taco Bread Slice Baked Vegetarian Beans Fresh Vegetable Banana	11/21 Breaded Fish Sandwich Steamed Green Beans Fresh Vegetable Mixed Fruit
11/24 Hot Dog BBQ Baked Beans Fresh Vegetable Pineapple Tidbits	11/25 Meatball Sub Steamed Carrots Fresh Vegetable 100% Fruit Juice	11/26 Early Dismissal No Lunch	11/27 No School	11/28 No School