

Holy Name of Jesus

January 2026 Lunch Menu



What Makes a Meal?

Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate
Vegetable
Fruit
Grain/Bread
Milk

Lunch must include at least one fruit or vegetable



Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- * **Dark Green**
- * **Red/Orange**
- * **Legumes**
- * **Starchy**
- * **Other**

Fruit Features

A daily variety of fruits will be offered to students:

- * **Fresh Fruits**
- * **Canned Fruits in light syrup**
- * **100% Fruit Juice (offered twice/week)**



Daily Milk Choices:

Fat Free Flavored
Fat Free White Milk
1 % White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/5 Cheeseburger Fries Fresh Vegetable Diced Peaches	1/6 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable Applesauce	1/7 Macaroni & Cheese Garlic Toast Steamed Carrots Fresh Vegetable 100% Fruit Juice	1/8 Corn Dog Nuggets Steamed Green Beans Fresh Vegetable Banana	1/9 Cheese Pizza Steamed Corn Fresh Vegetable Mixed Fruit
1/12 Sloppy Joe Sandwich Steamed Cauliflower Fresh Vegetable Pineapple Tidbits	1/13 Chicken Nuggets Dinner Roll Steamed Broccoli Fresh Vegetable 100% Fruit Juice	1/14 Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Vegetable Apple Slices	1/15 Waffles Sausage Patties Tater Tots Fresh Vegetable Mixed Fruit	1/16 Breaded Fish Sandwich Steamed Carrots Fresh Vegetable Diced Pears
1/19 No School	1/20 Chicken & Cheese Quesadilla Fries Fresh Vegetable Applesauce	1/21 Beefy Macaroni Bread Slice Steamed Green Beans Fresh Vegetable 100% Fruit Juice	1/22 Walking Taco Bread Slice Baked Vegetarian Beans Fresh Vegetable Banana	1/23 Grilled Cheese Sandwich Steamed Broccoli Fresh Vegetable Mixed Fruit
1/26 Chicken Nuggets Dinner Roll Steamed Mixed Veggies Fresh Vegetable Pineapple Tidbits	1/27 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable 100% Fruit Juice	1/28 Breaded Chicken Sandwich Steamed Corn Fresh Vegetable Apple Slices	1/29 Hot Dog Steamed Carrots Fresh Vegetable Mixed Fruit	1/30 Pierogies Dinner Roll Steamed Cauliflower Fresh Vegetable Diced Pears