

# Holy Name of Jesus

## February 2026 Lunch Menu



### What Makes a Meal?

Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate  
Vegetable  
Fruit  
Grain/Bread  
Milk

Lunch must include at least one fruit or vegetable



### Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- \* **Dark Green**
- \* **Red/Orange**
- \* **Legumes**
- \* **Starchy**
- \* **Other**

### Fruit Features

A daily variety of fruits will be offered to students:

- \* **Fresh Fruits**
- \* **Canned Fruits in light syrup**
- \* **100% Fruit Juice (offered twice/week)**



### Daily Milk Choices:

Fat Free Flavored  
Fat Free White Milk  
1 % White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/2 Tortellini Alfredo Garlic Toast Steamed Broccoli Fresh Vegetable Diced Peaches	2/3 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable Applesauce	2/4 Cheeseburger BBQ Baked Beans Fresh Vegetable 100% Fruit Juice	2/5 Walking Taco Bread Slice Steamed Green Beans Fresh Vegetable Banana	2/6 Pierogies Bread Slice Steamed Carrots Fresh Vegetable Mixed Fruit
2/9 Chicken Nuggets Bread Slice Tater Tots Fresh Vegetable Pineapple Tidbits	2/10 Pasta & Meat Sauce Garlic Toast Steamed Mixed Veggies Fresh Vegetable 100% Fruit Juice	2/11 Breaded Chicken Sandwich Steamed Broccoli Fresh Vegetable Apple Slices	2/12 Meatball Sub Steamed Peas Fresh Vegetable Mixed Fruit	2/13 No School
2/16 No School	2/17 French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable Applesauce	2/18 Cheese Ravioli w/Marinara Sauce & Garlic Toast Steamed Green Beans Fresh Vegetable 100% Fruit Juice	2/19 Walking Taco Bread Slice Baked Vegetarian Beans Fresh Vegetable Banana	2/20 Cheese Pizza Steamed Carrots Fresh Vegetable Mixed Fruit
2/23 Chicken Nuggets Bread Slice Steamed Mixed Veggies Fresh Vegetable Pineapple Tidbits	2/24 Grilled Cheese Sandwich Tater Tots Fresh Vegetable 100% Fruit Juice	2/25 Spaghetti & Meatballs Garlic Toast Steamed Green Beans Fresh Vegetable Apple Slices	2/26 Hot Dog Baked Beans Fresh Vegetable Mixed Fruit	2/27 Cheese Pizza Steamed Broccoli Fresh Vegetable Diced Pears