Holy Name of Jesus December 2025 Lunch Menu

	Nutrition Group MENU SUBJECT TO CHANGE

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Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate Vegetable Fruit Grain/Bread Milk

Lunch must include at least one fruit or vegetable



Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- * Dark Green
- * Red/Orange
- * Legumes
- * Starchy
- * Other

Fruit Features

A daily variety of fruits will be offered to students:

- * Fresh Fruits
- * Canned Fruits in light syrup
- * 100% Fruit Juice (offered twice/week



Daily Milk Choices:

Fat Free Flavored Fat Free White Milk 1 % White Milk

Group MENU SUBJECT TO CHANGE								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	12/1	12/2	12/3	12/4	12/5			
e	No School	French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable Applesauce	Hot Dog BBQ Baked Beans Fresh Vegetable 100% Fruit Juice	Walking Taco Bread Slice Steamed Broccoli Fresh Vegetable Banana	Cheese Pizza Steamed Carrots Fresh Vegetable Mixed Fruit			
	12/8	12/9	12/10	12/11	12/12			
	Cheeseburger Steamed Mixed Veggies Fresh Vegetable Pineapple Tidbits	Pasta & Meat Sauce Garlic Toast Steamed Corn Fresh Vegetable 100% Fruit Juice	Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Vegetable Apple Slices	Oven Roasted Turkey Dinner Roll Mashed Potatoes Steamed Green Beans Mixed Fruit	Cheesy Bread Sticks w/Marinara Sauce Steamed Broccoli Fresh Vegetable Diced Pears			
	12/15	12/16	12/17	12/18	12/19			
	Soft Tacos Brown Rice Steamed Mixed Veggies Fresh Vegetable Diced Peaches	Corn Dog Nuggets Steamed Mixed Veggies Fresh Vegetable Applesauce	Meatball Sub Steamed Carrots Fresh Vegetable 100% Fruit Juice	Grilled Cheese Sandwich Steamed Cauliflower Fresh Vegetable Banana	Cheese Lasagna Rollup Garlic Toast Steamed Green Beans Fresh Vegetable Mixed Fruit			
0	12/22	12/23	12/24	12/25	12/26			
ek)	Chicken Nuggets Bread Slice Fries Fresh Vegetable Pineapple Tidbits	Early Dismissal No Lunch		Merry Christmas				
	12/29	12/30	12/31					