



2025 RESET/Spikes Beach Bar Adult Beach Volleyball Rules

League Information:

1. **Each match will consist of THREE sets to 21, win by 2 and a cap at 23.**
2. Any team not ready to play after 15 minutes of the schedule start time will forfeit the first set, and for each additional 15 minute interval will forfeit the next set.
3. ONE 20 second timeout is allowed each set.
4. Serves may NOT be blocked or attacked. A Block does NOT count as a contact for the team performing the block. The player that touches the ball on the block can immediately play the ball.
5. Open hand tips or sets over the net are ONLY permitted when player is squared to the net.
6. A player may come under the net into the opponent's side of the court as long as they do not interfere or come in contact with the opposing player.
7. **NO NETS ALLOWED.**
8. If there is a disagreement on a play between teams, a replay must be used.
9. **Each team must keep their own score using provided scoreboards. Team Captain(s) are responsible for filling out score sheet on clipboard on the ref stand after each set.**
10. All players must be on the court at the time of serve in service order.
11. In case of bad weather and cancellations— captains will receive a text or email by 5:00PM.
12. If you are planning to drink you MUST have your ID. **There is NO OUTSIDE FOOD OR BEVERAGES ALLOWED ON PROPERTY**— that includes cars in parking lot and grass area. People that violate this rule will be prosecuted. **The team will be asked to leave for the rest of the season with no refund.**
13. **Team composition:**
 - a. 4's: 4 players, must have minimum of two players on the court.
 - a minimum of ONE female must be on the court at all times.
 - b. 6's: 6 players, must have minimum of four players on the court.
 - a minimum of TWO females must be on the court at all times.
 - c. **Subs can be used at anytime throughout the league EXCEPT during the tournament. Subs MUST complete a wavier!!! IF the sub has played during the season they CAN play in the tournament. NO NEW players can play in the tournament.**
14. **Tournament: Teams MUST have 4 on the court for 4s or 6 for 6s.**
15. Tournament seeding will be determined by wins/losses then point differential then head to head.
16. **Standings are updated weekly**
17. This is a 8 week session.
18. **The week of June 22nd will be tournament play: single elimination bracket.**
19. **ALL players and subs MUST complete online waiver to be able to play.**