



Prayers to Know
PreK—Adult

Mary Queen
Catholic Church

Name:



Introduction on Prayers to Know

In 2008 Daniel Cardinal DiNardo commissioned the Archdiocese of Galveston-Houston to produce a document which contains a comprehensive list of goals for Catechesis in the Catholic Church. This list was meant to name and address all topics that should be taught for each age from infancy to adulthood. In August of 2013, after many committees and years of work and research, this document was finally produced and named the “Catechetical Framework for Life-long Faith Formation.”

An element of catechesis that this document identifies is the prayers and scriptures Catholics should memorize in order to fully participate in the life of the Church. The Cardinal, in line with the teachings of St. Pope John Paul II, believed that memorization was a necessary part of Catechesis (Catechesi Tradendae 55).

For in memorization, we are able to take in texts slowly and can gradually understand them in depth. And over time, the texts which we memorize can root themselves in our hearts and can be easily recalled for deeper contemplation of the Lord.

In this “Prayers to Know” booklet, we have listed all of the prayers that the Cardinal commissioned his flock to know. On the following page we have a table of contents for each of the prayers. Within the booklet, and in the summary on the last page, each prayer is notated with the grade at which a child should typically memorize these prayers.

Adults are called to learn by heart all the basic prayers, formulas, and practices listed in this booklet. “In addition to the memorization of basic prayers and formulations of the faith, memorization of favorite psalms, songs, prayers, and poetry in praise of Christ our Savior is an effective form of catechesis that nourishes the human heart and helps to form the human spirit in Christ” (NDC 29F).



Table of Contents

(listed in order, from Birth thru Grade 12)

Sign of the Cross	4
Grace Before and After Meals.....	4
Morning and Evening Prayers.....	4
Guardian Angel Prayer.....	4
Our Father.....	5
Hail Mary.....	5
Glory Be.....	5
Act of Contrition.....	5
Mass Responses	
Greeting.....	6
Penitential Act.....	6
Gloria.....	7
Response to the Biblical Readings.....	7
Prayer with the Priest over the Offerings.....	7
Preface Dialogue.....	8
Preface Acclamation.....	8
Mystery of Faith.....	8
Litany at the Fraction Rite.....	8
Act of Humility	8
Sending.....	8
Nicene Creed.....	9
Fatima Prayer.....	10
Hail, Holy Queen.....	10
Ten Commandments.....	10
Apostles' Creed.....	9
Corporal and Spiritual Works of Mercy.....	11
Beatitudes.....	11
Joyful Mysteries of the Rosary	12
Sorrowful Mysteries of the Rosary.....	12
Act of Faith	13
Seven Sacraments	10
Holy Days of Obligation.....	14
Deuteronomy 6:4-5 (Shema)	13
Glorious Mysteries of the Rosary.....	12
Act of Hope.....	13
Precepts of the Church.....	14
<i>Sanctus, Mystrium Fidei, Agnus Dei in Latin</i>	15
Act of Love.....	13
Stations of the Cross.....	12
Luminous Mysteries of the Rosary.....	12
<i>Gloria in Latin</i>	15
Cardinal Virtues.....	13
Theological Virtues.....	13
Principles of Catholic social teaching	14
John 11:25-26a.....	13
Gifts of the Holy Spirit,	16
Major Feasts of the Blessed Mother and of the Lord.....	17
Psalms 23	18
Come, Holy Spirit	16
Fruits of the Holy Spirit.....	16
1 Corinthians 13:4-8a.....	18
Magnificat.....	17
Matthew 28:16-20 (The Great Commission)	18
Benedictus.....	15



SIGN OF THE CROSS

(PreK)

In the name of the Father
and of the Son
and of the Holy Spirit.

Amen.

GRACE BEFORE MEALS

(PreK)

Bless us O Lord,
and these thy gifts,
which we are about to receive,
from thy bounty,
through Christ, our Lord.

Amen.

GRACE AFTER MEALS

(PreK)

We give you thanks,
almighty God,
for these and all your gifts
which we have received
through Christ, our Lord.

Amen.

MORNING PRAYER

(Kindergarten)

O my God, I offer you this day,
all I do and think and say.
In union with what was done,
on earth by Jesus Christ, your Son.

Amen.

EVENING PRAYER

(Kindergarten)

God, our Father, this day is done.
We ask you and Jesus Christ, your
Son, that with the Spirit, our wel-
come guest, you guard our sleep
and bless our rest.

Amen.

GUARDIAN ANGEL PRAYER

(Kindergarten)

Angel of God, my guardian dear,
to whom God's love commits me
here, ever this day be at my side,
to light and guard, to rule and guide.

Amen.



OUR FATHER (Lord's Prayer)

(1st grade)

Our Father, who art in heaven,
hallowed be thy name;
Thy kingdom come,
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

HAIL MARY

(1st grade)

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy
womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

GLORY BE

(1st grade)

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now,
and ever shall be world without end.
Amen.

ACT OF CONTRITION

(2nd grade)

(Prayer of Sorrow)

My God,
I am sorry for my sins
with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all
things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to
sin. Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
Amen.

(Alternate version from the Rite of
Penance)



MASS PRAYERS AND RESPONSES

Greeting (2nd grade)

Priest: The Lord be with you.

Assembly: And with your spirit.

Penitential Act, Form A (Confiteor) (2nd grade)

I confess to almighty God
and to you,
my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done
and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask
blessed Mary ever-Virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Penitential Act, Form B (2nd grade)

Priest: Have mercy on us, O Lord.

Assembly: For we have sinned
against you.

Priest: Show us, O Lord, your
mercy.

Assembly: And grant us your sal-
vation.





Gloria (2nd grade)

Glory to God in the highest,
and on earth peace
to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks
for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ,
Only Begotten Son,
Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world,
 have mercy on us;
you take away the sins of the world,
 receive our prayer;
you are seated at the right hand
of the Father,
 have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
 Amen.

Response to the Biblical
Readings (2nd grade)

First and Second Reading (at
Conclusion)

Reader: The Word of the Lord.

Assembly: Thanks be to God.

Gospel (at Introduction)

Deacon, or Priest: The Lord be
with you.

Assembly: And with your spirit.

Deacon, or Priest: A reading from
the holy Gospel according to N
(name of Gospel writer).

Assembly: Glory to you, O Lord.

Gospel (at Conclusion)

Deacon, or Priest: The Gospel of
the Lord.

Assembly: Praise to you Lord, Je-
sus Christ.

Prayer with the Priest over the
Gifts (2nd grade)

Assembly: May the Lord accept
the sacrifice at your hands
for the praise and glory of his
name, for our good
and the good of all his holy
Church.



Preface Dialogue (2nd grade)

Priest: The Lord be with you.

Assembly: And with your spirit.

Priest: Lift up your hearts.

Assembly: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

Assembly: It is right and just.

Preface Acclamation (2nd grade)

Assembly: Holy, Holy, Holy
Lord God of hosts.

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Mystery of Faith (2nd grade)
(formerly Memorial Acclamation)

Priest: The mystery of faith.

Assembly (a): We proclaim your death, O Lord, and profess your Resurrection until you come again.

(or b): When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

(or c): Save us, Savior of the world, for by your cross and Resurrection you have set us free.

Litany at the Fraction Rite

(2nd grade)

Assembly: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Act of Humility (2nd grade)

Priest: Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

Assembly: Lord, I am not worthy that you should enter under my roof,

but only say the word and my soul shall be healed.

Sending (2nd grade)

Deacon, or Priest (a): Go forth, the Mass is ended.

(or b): Go and announce the Gospel of the Lord.

(or c): Go in peace, glorifying the Lord by your life.

(or d): Go in peace.

Assembly: Thanks be to God.



NICENE-CONSTANTINOPOLITAN
CREED (Nicene Creed) (3rd grade)

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord, Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand
of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the
Son,

who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic, and
apostolic Church.
I confess one baptism for the forgiveness
of sins
and I look forward to the resurrection
of the dead
and the life of the world to come.
Amen.

APOSTLES' CREED (4th grade)

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our
Lord, who was conceived by
the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again
from the dead;
he ascended into heaven,
and is seated at the right hand of
God, the Father almighty;
from there he will come to judge the
living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the Communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen.



FATIMA PRAYER (3rd grade)

O my Jesus,
forgive us our sins,
save us from the fires of hell,
lead all souls to heaven,
especially those in most need
of your mercy.

HAIL, HOLY QUEEN

(3rd grade)

Hail, Holy Queen,
Mother of Mercy,
our life, our sweetness and our
hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this
valley of tears.

Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile show unto us
the blessed fruit of thy womb,
Jesus.

O clement, O loving,
O sweet Virgin Mary.

TEN COMMANDMENTS

(4th grade)

1. I am the LORD your God. You shall worship the Lord your God and him only shall you serve.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

SEVEN SACRAMENTS

(5th grade)

1. Baptism
2. Confirmation
3. Holy Eucharist
4. Penance and Reconciliation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony



BEATITUDES (Mt 5:3-12)
(4th grade)

1. Blessed are the poor in spirit,
for theirs is the Kingdom of
Heaven.
2. Blessed are they who mourn,
for they will be comforted.
3. Blessed are the meek,
for they will inherit the earth.
4. Blessed are they who hunger
and thirst for righteousness,
for they will be satisfied.
5. Blessed are the merciful,
for they will be shown mercy.
6. Blessed are the pure of heart,
for they will see God.
7. Blessed are the peacemakers,
for they will be called children of
God.
8. Blessed are those who are
persecuted for righteousness' sake,
for theirs is the Kingdom of
Heaven.

WORKS OF MERCY (4th grade)

Corporal

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

Spiritual

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish sinners.
4. Comfort the afflicted.
5. Forgive offenses.
6. Bear wrongs patiently.
7. Pray for the living and the
dead



Joyful Mysteries of the Rosary

(4th grade)

The Annunciation

The Visitation

The Nativity

The Presentation

The Finding in the Temple

Sorrowful Mysteries of the Rosary

(5th grade)

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion

Glorious Mysteries of the Rosary

(6th grade)

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

The Coronation of Mary

Luminous Mysteries of the Rosary

(7th grade)

The Baptism of Jesus

The Wedding Feast of Cana

The Proclamation of the Kingdom,
with the call to Conversion

The Transfiguration

The Institution of the Eucharist

STATIONS OF THE CROSS

(7th grade)

1. Jesus condemned to death
2. Jesus carries his cross
3. Our Lord falls the first time
4. Jesus meets his Mother
5. Simon the Cyrenian helps Jesus carry his cross
6. Veronica wipes the face of Jesus
7. The second fall of Jesus
8. Jesus consoles the women of Jerusalem
9. The third fall of Jesus
10. Jesus is stripped of his garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb



ACT OF FAITH (5th grade)

O my God, I firmly believe that you are one God in three divine Persons,

Father, Son, and Holy Spirit.

I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived.

In this faith I intend to live and die.

Amen.

ACT OF HOPE (6th grade)

O Lord God, I hope by your grace for the pardon of all my sins and after life here to gain eternal happiness because you have promised it who are infinitely powerful, faithful, kind, and merciful.

In this hope I intend to live and die.

Amen.

ACT OF LOVE (7th grade)

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love.

In this love I intend to live and die.

Amen.

VIRTUES (8th grade)

Cardinal

1. Prudence
2. Justice
3. Fortitude
4. Temperance

Theological

1. Faith
2. Hope
3. Charity

DEUTERONOMY 6:4-5 (Shema) (5th grade)

Hear, O Israel! The LORD is our God, the LORD alone! Therefore, you shall love the LORD, your God, with your whole heart, and with your whole being, and with your whole strength.

JOHN 11:25-26A (8th grade)

Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die."



HOLY DAYS OF OBLIGATION

(5th grade)

Solemnity of Mary Mother of God - *January 1*

Solemnity of the Ascension - *Seventh Sunday of Easter*

Solemnity of the Assumption of the Blessed Virgin - *August 15*

Solemnity of the Feast of All Saints - *November 1*

Solemnity of the Immaculate Conception - *December 8*

Solemnity of the Nativity of our Lord, Jesus Christ - *December 25*

December 25 -

Solemnity of the Nativity of our Lord, Jesus Christ

The National Conference of Catholic Bishops decided at their November 1991 meeting that whenever January 1, the

Solemnity of Mary Mother of God or August 15, the feast of the Assumption of the Blessed Virgin or November 1, the Feast of all Saints falls on a Saturday or a Monday, the precept to celebrate Mass is dispensed. The Congregation for Bishops confirmed the action on July 4, 1992.

Although the obligation to celebrate Mass when these three holy days fall on a Saturday or Monday is abolished, parishes are to continue to observe these holydays by scheduling one or more Masses at a convenient time so that people who wish to participate are able to do so.

PRECEPTS OF THE CHURCH

(6th grade)

1. You shall attend Mass on Sundays and on Holy Days of Obligation and remain free from work or activity that could impede the sanctification of such days.
2. You shall confess your sins at least once a year.
3. You shall receive the Sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

PRINCIPLES OF CATHOLIC SOCIAL TEACHING (8th grade)

1. Life and Dignity of the Human Person
2. Call to Family, Community, and Participation
3. Rights and Responsibilities
4. Option for the Poor and Vulnerable
5. The Dignity of Work and the Rights of Workers
6. Solidarity
7. Care for God's Creation



Selected Mass Prayers and Responses in Latin

Sanctus (Preface Acclamation) (6th grade)

Sanctus, Sanctus, Sanctus
Dóminus Deus

Sábaoth. Pleni sunt caeli et terra
glória tua. Hosánna in excélsis.
Benedictus qui venit in nómine
Dómini.

Hosánna in excélsis.

Misterium Fidei (Mystery of Faith) (6th grade)

a) Mortem tuam annuntiámus,
Dómine, et tuam resurrectionem
confitémur, donec vénias.

or b) Quatioscúmque
manduacámus panem hunc et
cálicem bíbimus, mortem tuam
annutiámus, Dómine, donec
vénias.

or c) Salvátor mundi, salva nos,
qui per curcem et resurrectionem
tuam liberásti nos.

Agnus Dei (Litany at the Fraction Rite) (6th grade)

Agnus Dei, qui tollis peccáta
mundi: miserére nobis.

Agnus Dei, qui tollis peccáta
mundi: miserére nobis.

Agnus Dei, qui tollis peccáta
mundi: dona nobis pacem.

Glória (Gloria) (7th grade)

Glória in excelsis Deo. Et in terra
pax

homínibus bonae voluntátis.
Laudámus te, benedíctimus te,
adorámus te, glorificámus te, grátias
ágimus tibi propter magnam
glóriam tuam, Dómine Deus, Rex
caeléstis, Deus Pater omnípotetens.
Dómine Fili unigénite, Iesu Christe,
Dómine Deus,

Agnus Dei, Fílius Patris, qui tollis
peccáta mundi, miserére nobis; qui
tollis peccáta mundi, súscipe
deprecationem nostram. Qui sedes
ad dexteram Patris, miserére
nobis.

Quóniam tu solus Sanctus, tu solus
Dóminus, tu solus Altíssimus, Iesu
Christe, cum Sancto Spíritu, in
gloria Dei Patris.

Amen.

BENEDICTUS

(Canticle of Zechariah) (12th grade)

Blessed be the Lord, the God of
Israel; he has come to his people
and set them free. He has raised up
for us a mighty Savior, born of the
house of his servant David.

Through his holy prophets he
promised of old that he would
save us from our enemies, from
the hands of all who hate us. He
promised to show mercy to our
fathers and to remember his holy
covenant.



This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

COME, HOLY SPIRIT

(10th Grade)

Come, O Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

GIFTS OF THE HOLY SPIRIT

(9th Grade)

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

FRUITS OF THE HOLY SPIRIT

(10th Grade)

1. Charity
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Generosity
8. Gentleness
9. Faithfulness
10. Modesty
11. Self-control
12. Chastity



MAGNIFICAT

(Canticle of Mary) (11th Grade)

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever.

MAJOR FEASTS OF THE BLESSED MOTHER

(9th Grade)

- Mary, Mother of God - January 1
- Immaculate Heart of Mary - Saturday after Sacred Heart of Jesus
- Visitation of the Blessed Virgin Mary - May 31
- Assumption - August 15
- Nativity of the Blessed Virgin Mary - September 8
- Immaculate Conception - December 8
- Our Lady of Guadalupe - December 12

MAJOR FEASTS OF THE LORD

(9th Grade)

- Nativity of the Lord - December 25
- Holy Family - Sunday within the octave of Christmas or December 30 if no such Sunday exists
- Epiphany - Sunday between January 2 and January 8 inclusive
- Baptism of the Lord - Sunday after January 6 unless that Sunday is Epiphany in which case the Baptism of the Lord is the next day
- Presentation - February 2
- Annunciation - March 25
- Easter - First Sunday after the first full moon after March 21
- Ascension - Seventh Sunday of Easter
- Trinity - First Sunday after Pentecost
- The Body and Blood of Christ - Second Sunday after Pentecost
- Sacred Heart of Jesus - Friday after Body and Blood of Christ
- Transfiguration - August 6
- Triumph of the Cross - September 14
- Christ the King - Last Sunday of Ordinary Time



PSALM 23

(9th Grade)

The LORD is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me; he revives my soul. He guides me along the right path, for the sake of his name. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me. Your crook and your staff will give me comfort. You have prepared a table before me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. Surely goodness and mercy shall follow me all the days of my life. In the LORD's own house shall I dwell for length of days unending.

MATTHEW 28:16-20

(The Great Commission)

(11th Grade)

The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them.

When they saw him, they worshiped, but they doubted.

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

1 CORINTHIANS 13:4-8A

(10th Grade)

Love is patient, love is kind. It is not jealous, love is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails.





Common Prayers and Formulas

Birth - Age 2

Sign of the Cross

Age 3 and 4

In addition to the item above
Grace Before and After Meals

Kindergarten

In addition to the items above
Morning and Evening Prayers
and the Guardian Angel Prayer

Grade One

In addition to the items above
Our Father, Hail Mary, Glory Be

Grade Two

In addition to the items above
Act of Contrition, and the Assembly's
responses and acclamations during
Mass (Greeting, Penitential Act,
Gloria, Response to the Biblical
Readings, Prayer with the Priest
over the Offerings, Preface Dialogue,
Preface Acclamation, Mystery of
Faith, Litany at the Fraction Rite,
Act of Humility and Sending)

Grade Three

In addition to the items above
Nicene Creed, Fatima Prayer,
Hail, Holy Queen

Grade Four

In addition to the items above
Ten Commandments, Apostles' Creed,
Corporal and Spiritual Works of
Mercy, Beatitudes, Joyful Mysteries of
the Rosary

Grade Five

In addition to the items above
Sorrowful Mysteries of the Rosary,
Act of Faith, Seven Sacraments,
Holy Days of Obligation,
Deuteronomy 6:4-5 (Shema)

Grade Six

In addition to the items above Glorious
Mysteries of the Rosary, Act of Hope,
Precepts of the Church, *and Sanctus*,
Mysterium Fidei, Agnus Dei in Latin

Grade Seven

In addition to the items above
Act of Love, Stations of the Cross,
Luminous Mysteries of the Rosary,
and Gloria in Latin

Grade Eight

In addition to the items above
Cardinal Virtues,
Theological Virtues,
Principles of Catholic social teaching
John 11:25-26a

Grade Nine

In addition to the items above
Gifts of the Holy Spirit,
Major Feasts of the Blessed Mother and
of the Lord,
Psalm 23

Grade Ten

In addition to the items above
Come, Holy Spirit
Fruits of the Holy Spirit,
1 Corinthians 13:4-8a

Grade Eleven

In addition to the item above
Magnificat, Matthew 28:16-20 (The
Great Commission)

Grade Twelve

In addition to the item above
Benedictus

Adults

An adult is called to learn by heart all the
basic prayers, formulas and practices in-
dicated previously in the life cycle. "In
addition to the memorization of basic
prayers and formulations of the faith,
memorization of favorite psalms,
songs, prayers, and poetry in praise of
Christ our Savior is an effective form of
catechesis that nourishes the human heart
and helps to form the human spirit in
Christ" (NDC 29F).