



THE
GRAIN *Kitchen*

GLUTEN FREE MENU

Breakfast Menu *from 9am - 11:30am*

- The Grain Breakfast**£15.95
Butchers sausage, 2 bacon, 2 eggs your way, 2 hash browns, beans, toast, slow cooked mushroom
Add Fruit Pig Black Pudding£2.45
- Eggs Benedict**£13.95
Smoked ham hock, two poached eggs, hollandaise, served on toast
- Two eggs on toast** **V**£8.95
Poached, scrambled or fried
- Granola yoghurt** **V VEO**£9.95
Very low gluten NOT suitable for coeliacs. Contain oats.
RB Provisions super seed granola, honey yoghurt, whisky soaked raisins, fresh honeycomb, blueberries
- Eggs and mixed mushrooms** **V VEO**£12.95
Two eggs your way, mixed sautéed mushrooms, served on toast
- Poached eggs and avocado** **VEO**£12.95
Hazelnut dukkah, served on toast with feta and watercress
- Scrambled eggs and smoked mackerel**£12.95
Baby spinach, sour cream, chives, extra virgin olive oil, served on toast
- The Grain Kitchen Turkish Eggs** **V**£13.95
Black beans and chickpeas, poached eggs, garlic yoghurt, chilli oil, dill on toasted gluten free bread
- Breakfast tacos** **V**£12.95
Corn tortillas, black beans, avocado, pico de gallo, sour cream, ranchero sauce, topped with fried eggs

Additional breakfast sides

Loaded hash browns£7.25
Parmesan cheese, confit egg yolk, sour cream and chives

Butchers sausage.....£2.75	Fruit Pig black pudding.....£2.45
Bacon.....£3.25	Baked beans.....£1.95
Hash browns.....£2.95	Avocado.....£2.45
Mixed mushrooms.....£3.75	

If you have any dietary or allergen requirements, please make a member of staff aware. We will take reasonable steps to prepare your meal safely however cannot guarantee a completely allergen free environment.

Please note that we are unable to swap items and change our dishes, additional sides are available to order separately.

Our menu is thoughtfully designed, and dishes are served as created. Thank you for understanding that we're unable to make modifications during busy times.

Our food is freshly prepared to order, please allow time when placing your order.

V Vegetarian **VO** Vegetarian option **VE** Vegan **VEO** Vegan option



THE GRAIN *Kitchen*

Brunch & Lunch *from 11.30am*

Poached eggs and avocado V VEO	£12.95
Hazelnut dukkah, served on toast with feta and watercress. <i>Add bacon £3.25</i>	
Scrambled eggs and smoked mackerel	£12.95
Spinach, sour cream, chives, extra virgin olive oil, served on toast	
The Grain Kitchen Turkish Eggs V	£13.95
Black beans and chickpeas, poached eggs, garlic yoghurt, chilli oil, dill on toasted gluten free bread	
Ham Hock Hash	£16.45
Fried potatoes, pulled ham hock, peas, mustard sauce, fried egg	
Sausage and mash	£18.35
Fried potatoes, pulled ham hock, peas, mustard sauce, fried egg	
Chicken Saltimbocca	£20.45
Pan fried chicken breast with prosciutto and sage, butter and lemon sauce, confit garlic roasted potatoes	
Beef tacos	£16.95
3 soft corn tacos, barbacoa beef brisket, chimichurri, lime onions, feta	
Fish tacos	£16.95
3 soft corn tacos, tempura cod, salted cabbage, pico de gallo, sour cream	
Bruschetta V VEO	£15.25
Courgettes, confit cherry tomatoes, balsamic and basil, 'feta' on toasted sourdough	
Steak and chips	£28.95
8oz rump steak served with herb butter and fries	
Roasted sweet potato V VEO	£16.25
Topped with hummus, halloumi, pomegranate, dukkah and puffed quinoa served with sourdough flatbread	

Small plates

Whipped ricotta, tempura broccoli	£7.25
The Grain Kitchen hummus, sourdough flatbread	£7.75
Crispy squid, garlic and chilli dip	£9.95
Mackerel pate with toasted bread	£9.25
Truffle and parmesan fries V VEO	£6.45
Fries V VE	£4.95
Wedge salad, Caesar dressing V VEO	£7.25
Loaded hash browns with parmesan, confit egg yolk, sour cream, chives V	£7.25

Desserts

Crème brûlée V	£7.75
Traditional crème brûlée with English Whisky 'PX' liqueur	
Chocolate and Cherry V	£7.95
Dark chocolate ganache, amarena cherries, crystallised chocolate, pistachio ice cream	
Panna Cotta	£7.95
Coconut panna cotta, caramelised spiced pineapple, pineapple crisp and ginger	

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