



THE GRAIN *Kitchen*

DAIRY FREE MENU

Breakfast Menu *from 9am - 11:30am*

The Grain Breakfast£15.95
Butchers sausage, 2 bacon, 2 eggs your way, 2 hash browns*, beans, toast, with mixed mushrooms
Add Fruit Pig Black Pudding.....£2.45

The Grain Meat Free Breakfast **V VEO**£15.95
2 vegetarian sausages, 2 eggs your way, 2 hash browns*, toast, beans, avocado, roast tomato, mixed mushrooms

For a vegan option, please choose one substitute ingredient instead of eggs

Two eggs on toast **V**£8.95
Poached, scrambled or fried

Granola yoghurt **V VEO**£9.95
RB Provisions super seed granola, 'yoghurt', whisky soaked raisins, fresh honeycomb

Eggs and mixed mushrooms **V VEO**£12.95
Two eggs your way, mixed sautéed mushrooms, served on toast

Poached eggs and avocado **VEO**£12.95
Hazelnut dukkah, served on toast with 'feta' and watercress

Breakfast roll£13.95
Sausage patty, bacon, hash brown*, 'cheese' slice, fried egg

Breakfast tacos **V**£12.95
Corn tortillas, black beans, avocado, pico de gallo, ranchero sauce, topped with fried eggs

Scrambled eggs and smoked mackerel£12.95
Baby spinach, chives, extra virgin olive oil, served on toast

The Grain Kitchen Turkish Eggs **V**£13.95
Sourdough flatbread topped with black beans and chickpeas, poached eggs, garlic 'yoghurt', chilli oil, dill

Additional breakfast sides

Toasted sourdough or crumpets£3.25
Served with dairy free butter

Butchers sausage.....	£2.75	Fruit Pig black pudding.....	£2.45
Bacon.....	£3.25	Baked beans.....	£1.95
Hash browns*.....	£2.95	Avocado.....	£2.45
Mixed mushrooms.....	£3.75		

If you have any dietary or allergen requirements, please make a member of staff aware. We will take reasonable steps to prepare your meal safely however cannot guarantee a completely allergen free environment.

Please note that we are unable to swap items and change our dishes, additional sides are available to order separately.

Our menu is thoughtfully designed, and dishes are served as created. Thank you for understanding that we're unable to make modifications during busy times.

Our food is freshly prepared to order, please allow time when placing your order.

V Vegetarian **VO** Vegetarian option **VE** Vegan **VEO** Vegan option



THE GRAIN *Kitchen*

Brunch & Lunch *from 11.30am*

- Poached eggs and avocado** **VEO**£12.95
With hazelnut dukkah, served on toast with feta and watercress
- Scrambled eggs and smoked mackerel**£12.95
Baby spinach, chives, extra virgin olive oil, served on toast
- The Grain Kitchen Turkish Eggs** **V**£13.95
Sourdough flatbread topped with black beans and chickpeas, poached eggs, garlic 'yoghurt', chilli oil, dill
- The Grain DF Burger**£18.95
Two beef patties, 'cheese' slice, gherkin ketchup, mustard mayo, lettuce, tomato, onion, bap, fries*
- Beef tacos**£16.95
3 soft corn tacos, barbacoa beef brisket, chimichurri, lime onions, feta
- Fish tacos**£16.95
3 soft corn tacos, tempura cod, salted cabbage, pico de gallo, mayonnaise
- Bruschetta** **V** **VEO**£15.25
Courgettes, confit cherry tomatoes, balsamic and basil, 'feta' on toasted sourdough
- The Grain Pasta Salad** **V** **VEO**£17.95
Asparagus, broad beans, peas, baby spinach, chargrilled artichokes, parmesan, pine nuts, herb oil, trofie pasta
- Steak and chips**£28.95
8oz rump steak served with fries*
- Roasted sweet potato** **V** **VEO**£16.25
Topped with hummus, 'feta', pomegranate, dukkah and puffed quinoa served with sourdough flatbread

Small plates

- The Grain Kitchen hummus, sourdough flatbread**£7.75
- Crispy squid, garlic and chilli dip***£9.95
- Truffle and 'parmesan' fries*** **V** **VE**£6.45
- Fries*** **V** **VE**£4.95

Desserts

- Panna Cotta**£7.95
Coconut panna cotta, caramelised spiced pineapple, pineapple crisp and ginger

**Please note that these options and ingredients are dairy free but are cooked in an environment that may contain dairy*