

WHO I AM IN CHRIST?

Do you wonder who you are? Do you struggle to define your worth by the right things? Read the following verses and rest in the truth that you are God's beloved daughter. You are worthy. You are accepted. You are loved.

I am God's Beloved Daughter and That Is Enough

"In love, (God) destined us for adoption to himself through Jesus Christ" (Ephesians 1:4-5).
I am not an orphan. I am God's beloved daughter.

"The one begotten by God he protects, and the evil one cannot touch him" (1 John 5:18b).
I am God's daughter. He protects me. The evil one cannot touch me.

"For in (Jesus) dwells the whole fullness of the deity bodily, and you share in this fullness in him, who is the head of every principality and power" (Colossians 2:9-10.)
I am complete in Christ.

I am a New Creation

"So whoever is in Christ is a new creation; the old things have passed away; behold, new things have come" (2 Corinthians 5:17).
I am a new creature in Christ.

"No longer I, but Christ lives in me; insofar as I now live in the flesh, I live by faith in the Son of God who has loved me and given himself up for me" (Galatians 2:20).
Christ lives in me.

"Put on the new self, which is being renewed, for knowledge, in the image of its creator" (Colossians 3:10).
I am done with my old life. My new self is being made in the image of my Creator.

I Am Forgiven

"In him we have redemption by his blood, the forgiveness of transgressions, in accord with the riches of his grace that he lavished upon us" (Ephesians 1:7-8).
I am forgiven for all my sins.

"He himself bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed" (1 Peter 2:24).
I am healed by Christ's wounds.

"If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing" (1 John 1:9).
When I confess my sins, God forgives me, every time.

I Am Free and Fully Alive

"But God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ (by grace you have been saved)" (Ephesians 2:4-5).
I am alive with Christ, saved by grace.

“For the law of the spirit of life in Christ Jesus has freed you from the law of sin and death”
(Romans 8:2).

I am free from the law of sin and death.

I am Strong and Courageous

“In justice shall you be established, far from oppression, you shall not fear; from destruction, it cannot come near (Isaiah 54:14).

I am free from oppression, and fear will not master me.

“The one who is in you is greater than the one who is in the world” (1 John 4:4)

The One in me is greater than the evil one.

“For God did not give us a spirit of cowardice but rather of power and love and self-control” (2 Timothy 1:7).

God has not given me a spirit of fear, but one of power, love, and a sound mind.

“In all circumstances, hold faith as a shield, to quench all flaming arrows of the evil one”
(Ephesians 6:16)

I can quench all the fiery darts of the evil one with my shield of faith.

“I can do all things through Christ who strengthens me” (Philippians 4:13).

I can do all things through Christ.

“In all these things we conquer overwhelmingly through him who loved us” (Romans 8:37).

I am more than a conqueror through Him who loves me.

“They conquered him by the blood of the Lamb and by the word of their testimony; love for life did not deter them from death” (Revelation 12:11)

I am an overcomer by the blood of the Lamb and the word of my testimony.

I Am Filled with God’s Peace

“We have the mind of Christ” (1 Corinthians 2:16).

“Have among yourselves the same attitude that is also yours in Christ Jesus” (Philippians 2:5).

I have the mind of Christ.

“Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus” (Philippians 4:7).

I have the peace of God that surpasses all understanding.

ENDING PRAYER AS A GROUP

Dear God,

Help me to stand firm today. Please fasten the belt of truth around my waist and protect my heart with the breastplate of righteousness. May my feet be fitted with the shoes of peace so I am ready to share the gospel. May I take up the shield of faith and use it to extinguish the flaming arrows of the evil one. Place the helmet of salvation over my head—my mind—and help me to remember that I am safe and secure in you. May I wield the sword of the Spirit (the Word of God) in such a way that I rebuke lies and embrace truth. Amen.