

St. Bernards Parish
Saint Project-Choosing a Confirmation Saint
DUE: August 31st 2026

Saints

Saints are the heroes of the Catholic faith. They lived in holiness, dedicated to serving God and spreading His message of salvation. Many Catholic saints courageously met their deaths simply because of their faith. Today the saints serve as examples for all Catholics, showing us how to lead a more satisfying spiritual life in communion with our Lord and Savior, Jesus Christ. They are reminders that this life will come to an end, and only what was done for Christ will have a lasting reward. Each saint's story is a fascinating one. They lived at different times in different places throughout history, but they all shared a love of God that has been meticulously documented through the teachings of the Catholic Church.

Choosing a saint name is an essential part of Confirmation and it is an acknowledgement that the Holy Spirit will change you through the grace of this Sacrament. We see in Scripture that Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person. For example, Abram became Abraham (Genesis 17:5), Sarai became Sarah (Genesis 17:15), and Simon became Peter (Matthew 16:18).

When choosing a saint, you should choose someone who exemplifies a quality that you wish to have, somebody whose life you want to emulate, or somebody you find fits your personality or spiritual goals. You should also be asking for the prayers and intercession of the saint that you choose. When you choose a saint, and begin to pray for their intercession, he/she becomes your patron saint for the rest of your life and will help you to seek a closer relationship with God.

Saint Research

Here is a link to use to help with your research of finding a saint on line www.ewtn.com
or choose one from the list that we provide, and simply search for its information online

Pray about it and ask God to help you choose the saint to whom you can relate with the most and learn from. Ask yourself which saint you would like to intercede for you for the rest of your life?

Once you've chosen your Confirmation saint, complete the **MY CONFIRMATION SAINT worksheet** and turn it in on your first day of confirmation class.

Parroquia de San Bernardo

Proyecto Santo-Elegir a un Santo de Confirmación

VENCE: Agosto 31, 2026

Santos

Los santos son héroes de la fe católica. Ellos vivieron en santidad, se dedicaron a servir a Dios y a difundir Su mensaje de salvación. Muchos Santos católicos enfrentaron su muerte valientemente simplemente por su fe. Hoy los santos sirven de ejemplo para todos los católicos mostrándonos como llevar una vida espiritual más satisfactoria en comunión con nuestro Señor y Salvador, Cristo Jesus. Ellos nos recuerdan que esta vida llegara a su fin y solo lo que se hizo por Cristo tendrá una recompensa duradera. La historia de cada Santo es fascinante. Ellos vivieron en diferentes tiempos y en diferentes lugares a través de la historia, pero todos comparten el amor de Dios que ha sido meticulosamente documentada en las enseñanzas de la Iglesia Católica.

Elegir el nombre de un Santo es parte esencial de la Confirmación y es un reconocimiento de que el Espíritu Santo te cambiará a través de la gracia de este Sacramento. Vemos en las escrituras que JESUS cambio el nombre de algunos de sus discípulos para indicar que su papel había cambiado y que se estaban convirtiendo, en cierto sentido, y en una nueva persona. Por ejemplo, Abram se convirtió en Abraham (Genesis 17:5), Saraí se convirtió en Sarah (Genesis 17:15), y Simón se convirtió en Peter/Pedro (Matthew 16:18).

Cuando elijas a un Santo, elije a alguien que tenga una cualidad ejemplar que desees tener, alguien cuya vida quieras imitar o que se parezca a ti en, personalidad y metas espirituales. También debes pedir las oraciones y la intercesión del Santo que elijas. Él/Ella se convierten en tu Santo patrón por el resto de tu vida y te ayudará a buscar una relación más cercana con Dios.

Búsqueda del Santo

Aquí tienes este enlace/link para ayudarte en tu búsqueda de tu santo en línea www.ewtn.com
O escoge uno de la lista que te proporcionamos, simplemente busca su nombre en línea.

Ora y pídele a Dios que te ayude a elegir al santo con el cual te relacionas más y del cual tú puedas aprender más. ¿Pregúntate... que santo te gustaría que interceda por Ti el resto de tu vida?

Una vez que ya hayas elegido el Santo de tu Confirmación, completa la hoja
MY CONFIRMATION SAINT y entrégala en la fecha de vencimiento.

My Confirmation Saint

Your Name _____

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Saint Name

On a separate piece of paper answer the following questions and turn them in along with your Saint Worksheet:

1. What role do miracles play in the canonization process of a saint, and can they be explained scientifically?
2. What miracle was attributed to your saint and will be interesting to explore? Tell us about it...
3. How did your saint play a role in shaping the history of Christianity?
4. What challenges did your saint face in their lives, and how did they overcome them?
5. What impact did your saint have on social justice movements throughout history?
6. How has your saint been portrayed in art and literature throughout centuries?
7. How does your saint continue to inspire people today? How does the veneration of your saint foster your faith and spirituality? How do they help grow in communion with God?
8. Can you identify any modern figures who might be considered saints in the future and why?
9. If you had the honor of meeting your saint today, what 3 questions would you ask them and why?

Prayer Petition

During your faith journey this last year of preparation, your Patron Saint will help you as you continue to grow and learn. In your own words, write a prayer to the Saint you have chosen to walk with you. What do you need help with? What struggles distract you or keep you away from growing closer to Christ?