LENT IN 3 MINUTES

1.	Lent is the Christian season of	
2.	What does it call us to renew?	
3.	When does Lent begin?	
4.	Why 40?	
5.	Lent begins on what day?	
6.	What are the ashes used on Ash Wednesday made from?	
7.	What are the ashes a sign of?	
8.	We wear ashes to acknowledge that we are in need of	

9. Ash Wednesday is not a Holy day of Obligation. True or False

).	What are the 3 practices during Lent?
l.	Why do we fast?
	Why do Catholics abstain from meat on Fridays during Lent?
	Why do we pray?
	Why do we give?
	What does Lent invite us to do?
	What do these 3 practices do for us?