

# St. Bernard's Faith Formation Sponsor Eligibility Form

For: \_\_\_\_\_

*Print Full name of person to be confirmed*

Print Name of Sponsor \_\_\_\_\_ DOB: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City/State \_\_\_\_\_ Zip: \_\_\_\_\_

**FROM THE CODE OF CANON LAW:** Baptism and/or Confirmation sponsors must be Catholics who have been Confirmed and have received the Sacrament of the Eucharist. They must be free from canonical punishment and must lead a life in harmony with faith in the fulfillment of the function to be performed

*(Canons # 874 & 893)*

**Please read and check the following affirmations:**

☐ **I am** at least 16 years of age.

☐ **I have celebrated** the Sacrament of Baptism, Confirmation and Eucharist.

☐ **IF MARRIED:** My marriage was celebrated in the Catholic Church.

→ **A copy of the church marriage certificate must be provided** ←

☐ **I participate** in Sunday Mass regularly.

☐ **I understand** the responsibility I am undertaking and have both the desire and intention to Fulfill it faithfully.

☐ **I am parishioner of** \_\_\_\_\_ parish, located at \_\_\_\_\_ since \_\_\_\_\_

*Address, City and State of Parish*

*Date*

**I affirm that I meet all the necessary requirements to act as a sponsor.**

Signature of Sponsor: \_\_\_\_\_ Date: \_\_\_\_\_

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→ **NOTE:** Sponsor, take this form to your Parish for affirmation from your Priest, Deacon, or lay ecclesial minister appointed by the Pastor, that you are in good standing to be Sponsor

***For use by the parish of the Sponsor:***

To the best of my knowledge, this person is able to fulfill the responsibilities involved in sponsoring the Catholic initiation of another

Yes \_\_\_\_\_ No \_\_\_\_\_ Other \_\_\_\_\_

Signature: \_\_\_\_\_

Parish: \_\_\_\_\_

Date: \_\_\_\_\_

**CHURCH SEAL**

# A Guide to Choosing a Confirmation Sponsor

→ **DUE ON JANUARY 12 & 13, 2026** ←

Canon Law, the law of the Church, provides us with some guidance in choosing a sponsor.

**(Cf. *Canons 874, 895*)**

- ✓ The sponsor must be “a Confirmed Catholic in good standing.”
- ✓ The sponsor should not be a parent of the candidate.
- ✓ The sponsor should be at least sixteen years of age.
- ✓ The sponsor is a baptized Catholic, confirmed, and currently receiving the Holy Eucharist.
- ✓ The sponsor was married in the Church and not in an irregular marriage.  
(An irregular marriage is any marriage not performed or blessed by a Catholic priest or deacon.)
- ✓ The sponsor is not divorced and remarried outside of the Church.
- ✓ The sponsor actively practices his/her Catholic faith in the celebration of Mass and Holy Communion regularly and fulfills obligations to the parish of registry.
- ✓ The sponsor agrees to undertake the ministry of godparent / sponsor in harmony with that ministry.
- ✓ It is desirable that the one who undertook the role of sponsor at baptism  
(Godparent) be sponsor for Confirmation.

While Canon Law gives us some clear direction in choosing a sponsor, keep in mind your choice of sponsor is one of the most important decision you will make during your journey to be Confirmed.

**Your sponsor will be another person who will help you prepare for your Confirmation. Because of this we offer the following suggestions in addition to those found in Canon law:**

- Choose a person with whom you are comfortable, someone you can talk with and who will listen without passing judgment.
- Choose a person you can trust, someone you do not have to be on guard with out of fear of what they may think, say or do with what you choose to share with them.
- Choose a person who is capable of being in a supportive, nurturing relationship with you, someone whom you can communicate with on a regular basis about your faith journey.
- Choose a person you admire who is visibly a person of faith: someone who lives what they profess and is not afraid to share their relationship with God and the Church with you.
- Choose a person who will not be afraid to challenge you to be faithful to your commitments and will encourage you to grow.
- Choose a person who can and will make a commitment to you and the program into which you are about to enter.

**Chances are after these suggestion's, you may feel that no one you know is capable of being your sponsor. It may take some time and thought, but such people do exist. Over the years, some persons have chosen sponsors who weren't the best for them. To help you avoid their mistakes, here are some pitfalls we suggest avoiding:**

- Avoid making a hasty decision.
- Avoid choosing a relative or friend out of a sense of obligation.

***Choosing a sponsor is no small matter. It will take time and consideration. Talk it over with your Parents, pray about it. As a parish, we are ready to help in whatever way we can***