

# **FAQs about LOTW Retreat**

## **1. What are the dates for the retreat?**

Friday: 6:30pm-9pm

Saturday: 9am-8:30pm

Sunday: 9am-8:30pm

Monday: 6:30pm-8:30pm

## **2. Can people bring non-Catholics on the retreat?** Absolutely. We do ask that they live in the local area (Tracy/Mt. House) so that they can stay connected to the Parish following the retreat.

## **3. Can people bring out of town guests?** Preferable, no. This retreat is designed for those that are St. Bernard's Parishioners since a huge focus of the retreat is making our Large parish feel a little smaller by building community at the retreat & in the retreat follow up! We

are a St. Bernard's LOTW family by the end of the retreat process! However, everyone is welcome to register.

**4. What's the cost of the retreat?**

FREE!!!! There is absolutely no COST TO THE RETREAT for you!

**5. Do I have to bring my own food?**

Nope! All meals are provided! When you register, please tell us your dietary restrictions so we can accommodate your food needs.

**6. What do I need to bring?** Your bible, a sweater, maybe a pillow to sit on & an open heart & mind to see what the Lord will do to your life through this retreat.

**7. What does "Parish-based"**

**retreat mean?** Parish-based means that the entire retreat is done at the Church. No need to drive out of town for an entire weekend. You get to go home

at the end of the day & sleep in your own bed! It also means, your fellow St. Bernard's parishioners run the entire retreat! We don't bring in professional speakers for this process. You'll get to know them a lot better & hear how Jesus transformed their lives at the retreat!

**8. How many days do I have to attend? 4 days is too long!** You know, that's exactly what I thought too! The retreat builds on each other throughout the entire weekend, so you can't miss any days or else you'll miss out on the retreat! If you can't attend all 4 days this time, we suggest you attend the next retreat (2025).

**9. Who's the speakers at the weekend?** The Holy Spirit working through our fellow parishioners.

## **10. Can I go without my Spouse?**

We always recommend that both spouses attend the same retreat, but we completely understand life happens & that's not possible. So yes, you can attend a different retreat than your spouse.

## **11. I heard there's small groups after? I don't want to join one.**

**Can I still go on the retreat?** Of course. We know small groups aren't for everyone, so you are welcome to attend the entire retreat & not go into a small group after.