

St. Bernard's Parish

Guide and requirements for choosing a Confirmation Sponsor

→ **DUE ON JANUARY 4, 2027** ←

*Canon Law, the law of the Church, provides us with some guidance in choosing a sponsor.
(Cf. Canons 874, 895)*

The Sponsor is required to be at least 16 years of age, must have the Sacraments of the Catholic church and provide a copy of each.

► Baptism ► Holy Communion ► Confirmation

If the Sponsor is married, they must be married by the Catholic Church and provide a copy of the certificate.

- ✓ The sponsor must be actively practicing his/her Catholic faith in the celebration of Mass and Holy Communion regularly.
- ✓ Be willing to take the responsibility of godparent/Sponsor
- ✓ Ideally, be your **Baptism godparent**, if possible.
- ✓ **The sponsor should NOT BE a parent of the candidate**

Students:

keep in mind your choice of sponsor is one of the most important decision you will make during your journey to be Confirmed. **Your sponsor will be another person who will help you prepare for your Confirmation.**

Choose a person with whom you are comfortable, someone you can talk with and who will listen without passing judgment. Someone who is capable of being in a supportive, nurturing relationship with you and can communicate with on a regular basis about your faith journey.

Chances are after these suggestion's, you may feel that no one you know is capable of being your sponsor. It may take some time and thought, but such people do exist.

- Avoid making a hasty decision.
- Avoid choosing a relative or friend out of a sense of obligation.

Choosing a sponsor is no small matter. It will take time and consideration. Talk it over with your parents, pray about it.