

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Tabor Hills Supportive Living

10:00 Rose Bowl Parade on Ch.5 or 7 7:00 Watch Mr. Deed's Goes to Town New Year's Day						9:30 Exercise w/Kate Core Builders 1:30 Movie Time 7:00 Watch Citizen Kane on Ch.16	1:30 Rummikube 6:00 Hawks vs Capitals 7:00 Bulls vs Hornets 7:00 Watch When World's Collide on Ch.16
8:45 Trip to St. Thomas 10:00 Communion Service w/Frank TBD Bears vs Lions 6:00 Hawks vs Golden Knights	9:30 Exercise w/Kate Stretch & Flex 1:30 Jeopardy 7:00 Watch Three Coins in the Fountain on Ch.16	10:00 Zen Coloring in the Living Room 2:00 Bingo w/Rachel 7:00 Watch Norma Rae on Ch.16	9:30 Exercise w/Kate Sit & Be Strong 10:00 Catholic Service 1:00 Bridge Club	9:00 Trip to Walmart 1:30 Po-Ke-No 7:00 Watch Easy Living on Ch.16	9:30 Exercise w/Kate Core Builders 1:30 Entertainer Yan Skladman 7:00 Hawks vs Capitals	1:30 Games w/Mary 7:00 Hawks vs Predators 7:00 Watch Bridesmaids on Ch.	
8:45 Trip to St. Thomas 10:00 Communion Service w/Frank 6:00 Watch Back to the Future on Ch. 25	9:30 Exercise w/Kate Stretch & Flex 1:30 Resident Council Meeting 6:00 Watch Independence Day on Ch.25	10:00 Zen Coloring in the Living Room 2:00 Bingo w/Rachel 7:00 Watch Armageddon on Ch.25	9:30 Exercise w/Kate Sit & Be Strong 10:00 Catholic Service 1:00 Bridge Club	10:00 Our Saviors 1:30 Wheel of Fortune 5:15 Watch The Equalizer on Ch.25	9:30 Exercise w/Kate Core Builders 1:30 Entertainers Al & Guy Show 8:00 Watch Empire Strikes Back on Ch.25	1:30 Trivia w/Rachel 7:00 Hawks vs Bruins 8:00 Watch Return of the Jedi on Ch.25	
8:45 Trip to St. Thomas 10:00 Communion Service w/Frank 2:00 Bingo w/Nancy 6:00 Watch Rocky IV on Ch.25	9:30 Exercise w/Kate Stretch & Flex 1:30 Crafts w/Linda 7:00 Hawks vs Bruins Martin Luther King Jr. Day	10:00 Zen Coloring in the Living Room 2:00 Bingo w/Rachel 7:00 Remember the Titans on Ch.25	9:30 Exercise w/Kate Sit & Be Strong 10:00 Catholic Service 1:00 Bridge Club 1:30 Skip-Bo w/Nancy 7:00 Bingo w/Gail & Ron	9:00 Trip to Target 1:30 Hangman 6:00 Hawks vs Hurricanes	9:30 Exercise w/Kate Core Builders 1:30 Action Station w/Sam 6:00 Hawks vs Lightning	1:30 Entertainer Corey O'Donnell 6:00 Watch The Equalizer on Ch.25 7:00 Bulls vs Celtics	
8:45 Trip to St. Thomas 10:00 Communion Service w/Frank 6:00 Hawks vs Panthers	9:30 Exercise w/Kate Stretch & Flex 1:30 White Board Games 7:00 Bulls vs Lakers Australia Day (Observed)	10:00 Zen Coloring in the Living Room 2:00 Bingo w/Rachel 7:00 Hawks vs Wild	9:30 Exercise w/Kate Sit & Be Strong 10:00 Catholic Service 1:00 Bridge Club 1:30 Skip-Bo w/Nancy	11:00 Trip to Chili's 2:00 Rummikube 6:00 Hawks vs Penguins	9:30 Exercise w/Kate Core Builders 1:30 Left, Right, Center Happy Hour 7:30 Hawks vs Blue Jackets	 NATIONAL HOT CHOCOLATE DAY! JANUARY 31 1:30 Rummikube	

Activities are subject to change. Please refer to weekly activity boards for updates and changes