

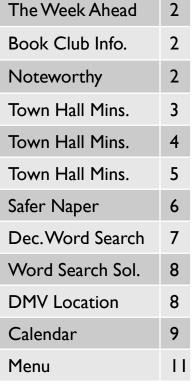
TABOR HILLS INDEPENDENT LIVING COMMUNITY

Semerad Pavilion - 1327 Crystal Ave. Naperville, IL 60563 630-778-6677 Volume 19, Issue 12

December 2025

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CELEBRATE!

Happy Birthday

12/3 Josephine Lewis

12/6 Keith Venoy

12/6 Linda Loukota

12/6 Ellen Wier

12/7 Sally Kopp

12/7 Rich Murawski

12/7 Jim Nelson

12/13 Mary Ellen Barry

12/18 Garry Morten

12/19 John Eckman

12/22 Bob Chaplin

12/26 Jay Rowlee

12/28 Holly Peters

Happy Anniversary

12/15 Mary & Judy Langsam



at our Holiday Brunch!

December 17th | 10:00 AM

Menu

scrambled eggs w/ cheese: loaded tater tot casserole blueberry French toast bake: bacon fresh fruit: rigatoni in vodka sauce: chicken limone

Diva Montell to perform!

\$18 per person | sign up by Dec. 8th, please!



TABOR HILLS INDEPENDENT LIVING COMMUNITY

1327 Crystal Ave. Naperville, IL 60563

Tony Harvat

Chief Executive Officer
Tabor Hills Senior Living Campus
630-778-6677 Ext. 1222
tony.harvat@taborhills.org

Robin Mikel

Executive Director of Independent Living 630-778-6677 Ext. 1296 robin.mikel@taborhills.org

Gabriella Di Pillo-Morrow

Director of Social Media & Life Enrichment 630-778-6677 Ext. 1295 gabriella.dipillo@taborhills.org

Book Club

Tabor Hills Book Club will meet on Tuesday, December 16th at 1:30 pm in the Game Room at the Pavilion. We will discuss The December Market by RaeAnne Thayne. The Holiday Giving Market is the setting for this multi-generational romance - grandparents dating, grandkids dating ... and happy times are still hard to find! Sound like the holidays? Join us for our discussion and year end "happy time". Copies of the book are provided to us by Naperville Public Library. You may ask Gabriella for one of our library copies but be sure to return it at or before our meeting.



THE WEEK AHEAD:

Monday, December 1st

10:30 AM Balance Boosters1:00 PM UDECIDE Game1:30 PM Mahlongg

Tuesday, December 2nd

GIVING TREE DEBUT!
10:30 AM Fitness Fusion

Wednesday, December 3rd

10:10 AM Yoga Class 10:30 AM Stretch & Flex

Thursday, December 4th

10:30 AM Core Builders
1:00 PM Dominoes/Pinochle/Games

Friday, December 5th

10:30 AM Super Circuit 1:00 PM Game Time

Giving Tree

Will debut on Giving Tuesday — Dec. 2nd. Giving Tuesday is a 'global generosity movement unleashing the power of people & organizations to transform their communities & the world.' Our Giving Tree features tags that correspond to each community's activity fund. You can turn your tags + donation into Gabriella through the end of the year. Tabor Hills thanks you for your generosity.

Cocoa & Carols

This fun and memorable event returns for Year 2!

The Naperville Chinese Choir will join us December 8th at 1:00 PM to share the gift of music and community. If you have your songbook they provided last year, be sure to bring it with! There will be sing-a-longs, plus a chance to sing karaoke-style to many popular holiday tunes! The group requested a participant count, so please sign up for the event by Dec. 4th.

Tabor Hills Independent Living Community Town Hall Meeting – Independent Living Community, at 1PM, November 21st, 2025

Attendance at Semerad Pavilion at 1:00 PM: Tony Harvat, Chief Executive Officer; Robin Mikel, Executive Director; John Lawler, Environmental Services Director; Gabriella Di Pillo-Morrow, Social Media & Life Enrichment Director; and approx. 20 residents from the Independent Living Homes.

The Meeting was called to order at 1:00 PM. Minutes from the previous meeting were approved.

Mr. Harvat provided his report:

- Remarked that it was great to see so many residents at the Thanksgiving Luncheon event
- Gave a rundown of all three communities:
 - Healthcare Facility (HCF)
 - > The HCF has earned four different awards something only 1% of long-term care facilities can say they achieved
 - CMS 5-Star Rating
 - Newsweek: America's Best, ranked 11th in the state
 - US News and World Report the HCF once again achieved both the Long-Term Care Performance and Short-Term Care Performance Awards
 - Currently the 2W wing is under a 'beautification' project. The updates selected were needed to remain competitive in the long-term care industry, especially here in Naperville
 - Mentioned that the next 'beautification' project will most likely be focused on the Pavilion – but did not want to promise anything specific
 - Supportive Living Community (SLC)
 - > Staff Change: Leslie Davies has departed Tabor Hills for an opportunity out-ofstate. A new Move-In Coordinator has been hired: Jennifer Little. Ms. Little previously worked at Heritage Woods – a for-profit Supportive Living facility.
 - Independent Living Community (ILC)
 - Recognized and celebrated the efforts of Executive Director, Robin Mikel and Life Enrichment Director, Gabriella Di Pillo-Morrow mentioned how they both work hard for the organization and for the residents. Noted that these ladies are self-sufficient and that is something he, as CEO, appreciates!
- General updates:
 - From a financial perspective, 2025 was a good year for the organization. Revenues are up (because census is up). Increasing the number of residents whilst lowering expenses was one of Mr. Harvat's goals when he stepped into the CEO position. The company has implemented smarter spending practices and is more efficient with spending. Tabor Hills has also improved marketing efforts, which in turn captures more residents. Two years ago, the HCF census was averaging 89 residents now they are consistently seeing a census of 105-110. Supportive Living's census has hovered around 76-82, staying consistent. Mr. Harvat mentioned that the biggest driver of increased census and revenue has been the ILC and the work of Executive Director, Robin Mikel.
 - Mr. Harvat ensured residents that their investment in Tabor Hills is safe.

- Future and goals for the campus:
 - Asphalt, including leveling around the lake (Summer 2026)
 - Seal-coating (Summer 2026)
 - Continued landscaping projects and improvements
 - Entrance-way pavers
- Annual Audit
 - Tabor Hills is required, as a non-for-profit, to go through a third-party audit annually, to confirm best practices are being implemented. Mr. Harvat will share results when the audit is completed.

Ms. Mikel shared:

- Returned Mr. Harvat's kudos and shared that he is great to work with.
- Successful few months!
 - 5 waitlist deposits in September
 - 4 waitlist deposits in October
 - 5 waitlist deposits in November
- Move-Ins
 - Already have moved in 12 residents/units and there will be 3 more coming in December, making a projected total of 15 new move-ins for 2025
- Open Units
 - Only 3 units unspoken for
 - The 1-bedroom on Cermak has been accepted as a temporary unit
- Waitlist
 - Has seen movement (the 12+ move-ins) and have already added on 14. There are about
 25 future residents on the waitlist, most waiting for a Jefferson-style unit

Ms. Di Pillo-Morrow provided her report:

- Thanked residents for attending the Thanksgiving Luncheon. Feedback seemed positive regarding food, and everyone enjoys having Rick Pickren entertaining!
- Shared some information regarding the partnership with Santoshland the local company Tabor Hills has partnered with for therapeutic massages on-site. Their doctors will be coming for the second time in December. All spots for December 8th are full, but a few afternoon times for December 4th may be open, still. Reach out to the Pavilion office if you would like to book a session. They are only charging \$1 per minute, and the resident gets to choose the length and style of the massage (ex: 30-minute neck and shoulders or 60-minute full body). They should be back in January if their scheduling pattern continues.
- Noted that the Naperville Chinese Choir will return for the second year, to come sing with residents at a 'Carols and Cocoa' event December 8th at 1:00 PM. The group is requesting a headcount and for any residents who may have their songbook from last year to bring it with this year.
- December 17th get ready to Jingle and Mingle at the Holiday Brunch! This event will be catered; there will be a full breakdown of the menu in the December Newsletter and flyers at the Pavilion. The cost is \$18 per person and sign up is due by December 8th. Diva Montell will be performing.
- Remarked that plans for 2026 are underway, including welcoming back Al and Guy for a 'Cheer in the New Year' party in January.

- Ms. Di Pillo-Morrow also provided a few updates regarding social media and marketing:
 - The website will be slowly getting updated with better information and photography. Tabor Hills has contracted a professional photographer, Joni, to take exterior, interior, panoramic, and drone imagery for all marketing materials.
 - Social media content will also benefit from these updated photos, as content is shared across three Facebook Pages and an Instagram page, plus the company's LinkedIn profile

Questions asked during meeting:

Q: Any news or updates on McDowell Point?

A: Management keeps changing so it's hard to get a read on any updates. Mr. Harvat did stress the private property aspect of Tabor Hills. He believes the building to be less than 25% occupied.

Q: I was charged for a smoke detector battery - I haven't seen this charge before?

A: Tabor Hills has always charged for batteries for alarms, thermostats, etc. Tabor Hills does not charge for the service of replacing the batteries, but the product does incur a charge. This also includes light bulbs. Furnace filters are included and not charged.

Note: Mr. Harvat mentioned he would conduct a pro forma to see what's been charged and what the output is for the organization to see if it's a possibility for Tabor Hills to absorb these fees (batteries, light bulbs).

Q: Not a question, but a compliment. Grateful to see that the increase in our monthly fee was below the inflationary increase seen on so many other products and services. Kudos to the team behind putting forward a well thought out financial plan.

A: Mr. Harvat responded to this commendation – and shared that it is important for all involved in these financial decisions to be good stewards of the organization and ultimately, they do try to give the best product of the best price possible. Noted that Tabor Hills has seen pricing increase from vendors 5-12% depending on the product or service. The organization continues to find creative ways to keep costs as low as possible and not pass on these increases to the residents – while not changing the quality of service and care they know and expect.

Meeting concluded at 1:33 PM

Submitted by: Gabriella Di Pillo-Morrow | Secretary



Sharing timely crime prevention information relevant to residents to improve awareness and crime prevention efforts throughout the City of Naperville. Please pass this information on to your fellow neighbors through your HOA's newsletter, email distribution list or social media sites.

December 2025

How to Prevent Skids

Rain, snow and ice can make roads slippery and dangerous to navigate. Skidding can occur when a vehicle's tires lose traction on the road surface and too much brake or acceleration is applied.



While you cannot prevent every skid situation, minimize the chances of it happening by following these tips:

- Reduce your speed on wet roadways and especially when navigating turns.
- . Do not brake fast by increasing the distance at which you follow other vehicles.
- Have your tires properly inflated. Tires that are over or underinflated can increase the risk of skidding because they don't grip the road properly therefore reducing traction.

Even careful drivers can experience skids. Here are some steps to take when skidding:

- · Stay calm: Avoid panicking and making sudden movements.
- Avoid slamming on the brake. Let off the gas and brake pedals.
- Steer in the direction of the skid: Look where you want the front of the car to go and turn the steering wheel in that direction.
- Counter-steer: As the vehicle straightens out, you may need to steer in the opposite direction to
 prevent over-rotating and fishtailing.
- · Return to center: Once the vehicle is moving in the correct direction, straighten the steering wheel.
- Resume control: Gently and gradually apply the accelerator or brake as needed once you have regained traction.

For more information on winter roadway safety visit https://www.naperville.il.us/ASaferNaper.



DECEMBER

Find the words in the grid . When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

```
CHAITTESNIOPSI
LFHAKKUNAHLNLD
EEAHOLLYCEOEYM
CSBMECRBRWV
     SH
        THOJ
        RHE
       Ε
CUDEOAY
          Z G
        S
         NSGF
       Ε
        REAT
        HWRRM
         EMASAD
         REATRS
 RRTRTSDTZCWTQ
```

By Evelyn Johnson - www.qets.com

Card	Gift	Poinsettia
Christmas	Hanukkah	Shovel
Cider	Holly	Snow
Coal	Joy	Tree
December	Lights	Turquoise
Family	Music	Winter
Fireplace	Peace	Wreath



DECEMBER

Hidden Quotation:

"Chill December brings the sleet, blazing fire, and Christmas treat." - Sara Coleridge



DMV: New Location

Naperville's Secretary of State DMV has moved locations. As of Friday, Nov. 21, the Department of Motor Vehicles in Naperville will now operate at 1771 W. Diehl Road as an appointment-only location, with hours of operation from 7:30 AM – 5:00 PM Monday through Friday and 7:30 AM to noon Saturday. The move from the old location on 75th Street is reported to be part of a broader effort by the Illinois Secretary of State's office to update and modernize DMVs throughout the state, including reducing time for people waiting in line.



Monday	Tuesday	Wednesday	Thursday	Friday
10:30 AM Balance Boosters 1:00 PM U DECIDE Game 1:30 PM MahJongg	2 10:30 AM Fitness Fusion	3 10:10 AM Yoga Class 10:30 AM Stretch & Flex	4 10:30 AM Core Builders 1:00 PM Dominoes/Pinochle	5 10:30 AM Super Circuit 1:00 PM Game Time
8 10:30 AM Balance Boosters *1:00 PM Carols & Cocoa with the Naperville Chinese Choir	9 10:30 AM Fitness Fusion 1:00 PM Bingo	10:10 AM Yoga Class 10:30 AM Stretch & Flex 1:00 PM Bridge	10:30 AM Core Builders 1:00 PM Dominoes/Pinochle	12 10:30 AM Super Circuit 1:00 PM Game Time
15:30 AM Balance Boosters 1:00 PM U DECIDE Game 1:30 PM MahJongg	16 10:30 AM Fitness Fusion 1:30 PM Book Club	17 *10:00 AM Jingle & Mingle Holiday Brunch!	18 10:30 AM Core Builders 1:00 PM Dominoes/Pinochle	19 10:30 AM Super Circuit 1:00 PM Game Time
22 10:30 AM Balance Boosters 1:00 PM U DECIDE Game 1:30 PM MahJongg	23 10:30 AM Fitness Fusion 1:00 PM Bingo	24 10:10 AM Yoga Class 10:30 AM Stretch & Flex 1:00 PM Bridge -PAVILION TO CLOSE AT 3PM-	25 CHRISTMAS DAY PAVILION CLOSED	26 PAVILION CLOSED CHRISTMAS HOLIDAY

DIRECTIONS - PLEASE READ: All menus, submitted in any fashion (email, phone, or paper copy) are to go through the Pavilion. Please do not bring your paper copy to the Healthcare Facility or leave it with your tray. Email menus to Gabriella.DiPillo@TaborHills.org AND Robin.Mikel@TaborHills.Org

THE DEADLINE FOR ALL MENU ORDERS IS WEDNESDAY, NOVEMBER 26TH.

YOU CAN CALL IN YOUR ORDER IF IT IS EASIER & QUICKER, GIVEN THE THANKSGIVING HOLIDAY!

Patio Home Resident Name: Address: Phone:

Healthcare Facility Dining Menu November 30th - December 6th

\$15 - Delivered ~12PM

SUNDAY 11/30	MONDAY 12/1	TUESDAY 12/2	WEDNESDAY 12/3	THURSDAY 12/4	FRIDAY 12/5	SATURDAY 12/6
Barley Soup	Tomato Soup	Chicken Noodle	Potato Soup	Mushroom Soup	Mushroom Soup Chicken Rice Soup Creamy Vegetable	Creamy Vegetable
Saltine Crackers	Saltine Crackers	Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Soup
1.Roast Beef	1.Chicken	Saltine Crackers	Roasted	1.Chicken Fajita	1.Fried Fish	Saltine Crackers
w/Gravy	Drumsticks	1.Beef Stir Fry	1.Turkey/Gravy &	Spanish Rice	Seasoned French	1.Homemade
Roasted Baby	Au Gratin	Steamed Rice	Cranberry Sauce	Broccoli Florets	Fries	Meat Loaf
Potatoes	Potatoes	Winter Blend	Corn bread	2.Cabbage Roll	Coleslaw	Mashed Potatoes
2.Grilled Bratwurst	2.Meat Lasagna	Vegetables	Stuffing	Mashed Potatoes	2. Salisbury Steak	w/Gravy
Mashed Potatoes	Garden Salad w/	2.Pork Fritter	Oven Roasted	Broccoli Florets	w/Gravy	Peas and Carrots
w/Gravy	Ranch dressing	Mashed Potatoes	Vegetables	Bread/Margarine	Mashed Potatoes	2.Chicken
Cucumber Salad or	Key West Blend	w/Gravy	2.Italian Sausage	Angel Cake	Prince Charles	Cordon Blen
Blue Lake Green	Vegetables	Winter Blend	on Bun w/	w/Strawberry	Vegetables	Mashed Potatoes
Beans	Bread/Margarine	Vegetables	Green Pepper &	Apricots	Bread/Margarine	w/Gravy
Bread/Margarine	Red Velvet Cake	Bread/Margarine	Onions		Boston Cream	Peas and Carrots
Chocolate Cream	Roll	Apple Cobbler or	Oven Roasted		Pie or Green	Bread/Margarine
Pie or	Red Grapes	Sliced Pineapple	Vegetables		Grapes	Banana Cake or
Sliced Peaches	•		Bread/Margarine			Fruit Cocktail
			Chocolate Cake			
			Tropical Fruit			

YOU CAN CALL IN YOUR ORDER IF IT IS EASIER & QUICKER, GIVÉN THE THANKSGIVING HOLIDAY! The deadline for all menu orders is WEDNESDAY, NOVEMBER 26TH.