



Salila Spa is a tranquil space created for your relaxation. We offer a selection of soothing massages, body and hair treatments inspired by Balinese traditions, delivered by skilled therapists in a calm and comfortable setting. Allow yourself a moment to unwind, release tension, and enjoy a truly relaxing spa experience during your stay.

MASSAGE THERAPY

Salila Signature Massage

IDR 335,000/60 minutes - IDR 460,000/90 minutes

A signature of calm, crafted for you. An indulgent full body massage curated as the signature experience of Salila Spa. This refined treatment combines flowing movements with carefully balanced pressure to release tension and restore inner harmony. Thoughtfully designed to elevate your spa journey, the Salila Signature Massage offers a moment of deep relaxation, allowing body and mind to reconnect in a serene tropical setting.

Traditional Balinese Massage

IDR 335,000/60 minutes - IDR 460,000/90 minutes

Timeless ritual. Deeply grounding. A time-honoured Balinese healing ritual designed to restore balance and well-being. This full-body massage combines gentle stretches, acupressure, and long, flowing strokes to stimulate circulation, ease muscle tension, and promote deep relaxation. Rooted in ancient Balinese traditions, this treatment offers a grounding experience that calms the body, clears the mind, and reconnects you with the island's natural rhythm.

Warm Stone Massage

IDR 485,000/90 minutes

Gentle warmth, Deep Release. Experience the soothing power of heat. Smooth, heated volcanic stones are placed on key energy points and used as an extension of the therapist's hands. The deep-penetrating warmth melts away muscle stiffness and promotes a level of relaxation.

Aromatherapy Massage

IDR 335,000/60 minutes - IDR 460,000/90 minutes

Scented calm, effortless relaxation. A gentle and nurturing full body massage designed to promote emotional balance and overall well-being. Flowing massage movements combined with soothing aromatic scents help release stress, calm the mind, and restore a sense of inner harmony. This sensorial experience is ideal for guests seeking deep relaxation, improved sleep quality, and a moment of quiet indulgence during their Bali escape.

Deep Tissue Massage

IDR 360,000/60 minutes - IDR 470,000/90 minutes

Refine strength, restore Balance. designed for those who prefer a firmer touch, this treatment targets the deeper layers of muscle and connective tissue. Our therapists use slow, deliberate strokes and concentrated pressure to release "knots," release built-up stress, and encourage natural alignment.

Reflexology

IDR 310,000/60 minutes - IDR 435,000/90 minutes

Balance from the ground up. Based on the ancient principle that pressure points on the feet correspond to different organs and systems in the body, our Reflexology treatment restores balance to your entire being. This revitalizing session improves blood flow, leaving your body feeling light and refreshed.

Indian Head Massage

IDR 335,000/60 minutes

Relaxing treatment focusing on the head, scalp, neck, and shoulders using coconut oil to release tension, ease headaches, and calm the mind. Gentle pressure and rhythmic movements improve circulation, leaving you feeling refreshed.

SALILA SIGNATURE PACKAGE

Soulmate Escape

IDR 999,000/120 minutes/couple

Romantic Balinese-inspired ritual created to nurture connection and inner harmony. Begin with a 60-minute relaxing body massage to ease muscle tension and calm the senses, followed by a 30-minute express facial to refresh and brighten the skin. The experience concludes with a fragrant flower bath, inviting serenity, warmth, and shared relaxation.

Salila Pamper Me

IDR 635,000/120 minutes

Traditional Balinese Massage and Facial by Sensatia. A refined Balinese ritual for complete relaxation and radiant beauty. An indulgent head-to-toe ritual inspired by the timeless healing traditions of Bali. This luxurious journey begins with a deeply relaxing Balinese massage, using slow, flowing movements to release tension, restore circulation, and rebalance the body's energy. The experience continues with an elegant rejuvenating facial, designed to cleanse, hydrate, and enhance the skin's natural radiance.

Salila Royal Radiance Ritual

IDR 685,000/120 minutes

A royal Balinese beauty ritual for glowing skin and profound relaxation. A refined Balinese body ritual to restore relaxation and radiant skin. The experience begins with a tension-relieving back massage, followed by a traditional lulur body scrub and nourishing body mask to smooth and hydrate the skin. The ritual concludes with a calming flower bath, with ginger tea and cookies served to complete this indulgent journey.

Balinese Warmth Ritual

IDR 675,000/120 minutes

Soothing warmth for tired muscles and calm minds. A soothing Balinese ritual combining a traditional Balinese massage, warming boreh body mask, and relaxing herbal bath to ease muscle tension, improve circulation, and restore body comfort.

FACIAL BY SENSATIA

- **Healing Facial** 60 minutes - IDR 335,000
- **Anti-Aging Facial** 75 minutes - IDR 385,000
- **Express Facial** 30 minutes - IDR 235,000

SKIN SMOOTHING POLISHES

45 minutes

- **Green Tea Body Scrub** IDR 285,000
- **Lulur Traditional Scrub** IDR 285,000
- **Coconut body Scrub** IDR 285,000
- **Green Tea Body Mask** IDR 285,000
- **Balinese Boreh** IDR 285,000

EXPRESS MASSAGE

30 minutes

- **The Crown** IDR 215,000
- **Strain Reliever** IDR 215,000
- **Leg & Foot** IDR 215,000

HAIR TREATMENT

- **Hair Cream bath & Blow Dry** IDR 285,000/60 minutes
- **Shampoo & Blow Dry** IDR 235,000/60 minutes
- **Hair Mask with Blow Dry** IDR 285,000/60 minutes
- **Hair Braiding** starts from IDR 235,000
- **Hair Straightening** IDR 120,000

NAIL TREATMENT & EYE LASHES

Salila Manicure IDR 260,000/60 minutes

Nail cleaning, shaping, massage & normal nail polish.

Salila Pedicure IDR 260,000/75 minutes

Nail cleaning, shaping, foot file, massage & normal nail polish.

Express Manicure IDR 180,000/30 minutes

Nail cleaning and shaping or nail Shaping with normal nail polish.

Express Pedicure IDR 180,000/30 minutes

Nail cleaning and shaping or nail shaping with normal nail polish.

Gel Polish IDR 315,000/60 minutes

Nail cleaning, shaping & gel polish.

Gel Polish Remover IDR 160,000

Eyelash Extension IDR 315,000

Eyelash Remover IDR 160,000

SAUNA

Sauna IDR 65,000/30 minutes

WAXING TREATMENTS

• **Underarm Waxing** IDR 130,000/30 minutes

• **Full Arm Waxing** IDR 200,000/60 minutes

• **Half Leg Waxing** IDR 200,000/60 minutes

• **Full Leg Waxing** IDR 360,000/90 minutes

• **Bikini Line Waxing** IDR 220,000/60 minutes

• **Brazilian Waxing** IDR 310,000/60 minutes

• **Back & Shoulder Waxing** IDR 385,000/60 minutes

• **Shoulder Waxing** IDR 210,000/60 minutes

• **Chest Waxing for Men** IDR 360,000/60 minutes

• **Eyebrow Waxing** IDR 175,000/30 minutes

• **Upper lips Waxing** IDR 105,000/30 minutes

• **Chin Waxing** IDR 105,000/30 minutes

• **Forehead Waxing** IDR 105,000/60 minutes

TERMS & CONDITIONS

RESERVATION

Reservations are recommended to secure a preferred treatment time and therapist. Walk-in guests are subject to availability.

ARRIVAL TIME

Guests are kindly requested to arrive at least 15 minutes before the scheduled appointment to allow time for consultation and relaxation. Late arrival may result in shortened treatment time without a price adjustment.

CANCELLATION POLICY

- Cancellations made less than 5 hours before the appointment will be charged 50%.
 - Spa Packages require at least 24 hours' notice to avoid a fee.
 - No-show will be charged in full.
 - Deposits are non-refundable if cancelled within 5 hours.

HEALTH CONDITION

Guests are required to inform the spa receptionist or therapist of any medical conditions, allergies, pregnancy, or injuries before treatment. Salila Spa is not responsible for complications arising from undisclosed health conditions.

SPA ETIQUETE

Salila Spa is a quiet relaxation area. We kindly ask guests to switch mobile phones to silent mode and respect the privacy and comfort of other guests.

PERSONAL BELONGING

Valuables should be kept in the guest room or provided lockers. Salila Spa is not responsible for loss or damage to personal items