

DIABETES EDUCATION CLASSES

October  2025

“Living Well with Diabetes”

Online via ZOOM

Wednesday evening: 
Video Conferencing

Oct. 1st (part 1) 5:00pm to 8:00pm

Oct. 8th (part 2) 5:00pm to 8:00pm

Saturday morning: 
Video Conferencing

Oct. 11th (part 1) 9:00am to 12:00pm

Oct. 25th (part 2) 9:00am to 12:00pm



In Person (Classroom)



Thursday morning (HMSA Center Pearl City):

Oct. 9th (part 1) 9:30am to 12:30pm

Oct. 23rd (part 2) 9:30am to 12:30pm



Scan for more
info!



inControl
DIABETES LEARNING & RESOURCE CENTER



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