

DIABETES EDUCATION CLASSES

July  2026

“Living Well with Diabetes”

Online via ZOOM:

Saturday morning:



July 11th (part 1) 9:00am to 12:00pm

July 18th (part 2) 9:00am to 12:00pm

Wednesday evening:



July 15th (part 1) 5:00pm to 8:00pm

July 22nd (part 2) 5:00pm to 8:00pm



In Person (Classroom):

Tuesday morning (HMSA Honolulu):



July 14th (part 1) 9:00am to 12:00pm

July 21st (part 2) 9:00am to 12:00pm



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DIABETES LEARNING & RESOURCE CENTER



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