## **DIABETES EDUCATION CLASSES**

## Continuous Glucose Monitoring (CGM) Workshop



- ✓ Improve A1c
- ✓ Eliminate painful finger pokes
- ✓ Real-time alerts for lows and/or highs
- Understand how food affects your blood sugar levels
- ✓ FREE TRIAL of CGM without long term commitment

## Part 1:

- What is CGM?
- Which CGM is right for you?
- Download app and sensor placement

## Part 2:

- Discuss CGM experience
- Download CGM data
- Review AGP report



Space and supplies are limited!
Call us at (808) 450-2402 to
save a spot in our workshop or
for more information.





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