

Teen Adventure Handbook 2025

(Grades 6-8)



Important Information

Office Phone: (978) 365-4140

Director Email: mmaloof@clintonma.gov

Program Site: Clinton High School
200 W. Boylston Street, Clinton MA 01510

State Pool: DCR Pool
50 W. Boylston Street, Clinton MA 01510

Office: CPR Building
560 High Street, Clinton MA 01510

A weekly email will be sent out the Friday prior addressing all pertinent information for the coming week's schedule. Please make sure that your email and phone number are up to date in our system.

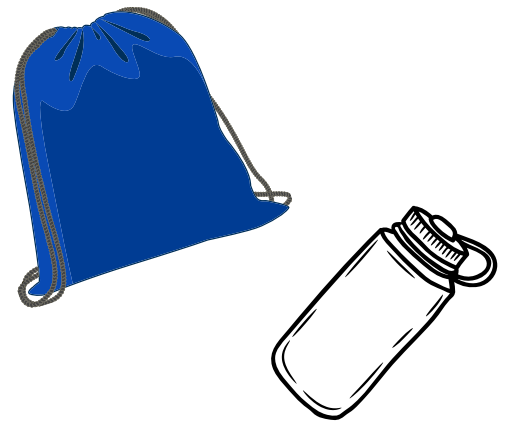
Daily Updates will be posted to this FB Group:

<https://www.facebook.com/share/g/15vfCTdVUZ/>

Daily Needs

Participants should arrive at the program each day with the following items:

- Backpack
- Refillable Water Bottle
- Snack
- Sunscreen
- Bathing Suit & Towel
- Change of Clothes
- Socks and Sneakers



Please have your child's first & last name labeled somewhere on their belongings to avoid any loss or confusion.



Pick up & Drop off

Drop Off (8:00am)

- Drop off begins no earlier than 8:00am and ends at 9:00am.
- Participants should wait in their vehicles until this time, unless enrolled in Early Care.
- Children will be marked absent after 9:00am. Please call the office if you know that you will be late or are not planning to attend.
- Parents/Guardians will NOT be allowed inside the building beyond the check in table for any reason. Please plan goodbyes accordingly.

Pick Up (3:00pm)

- Pick up is at 3:00pm and should be completed no later than 3:15pm.
- Parents MUST get out of their vehicle and line up to check out their child with the PM supervisor.
- ID IS ALWAYS REQUIRED. Participants will not be released unless ID is provided and matches our approved pick-up list.
- Participants must always be checked out with the PM supervisor prior to leaving the premises.
- Please arrive on time for program pick up. At 3:15pm any children that have not been picked up will be walked to the state pool for late care, and a \$20 fee will be applied and must be paid prior to your child returning to the program.

Extended Day Pick up & Drop off

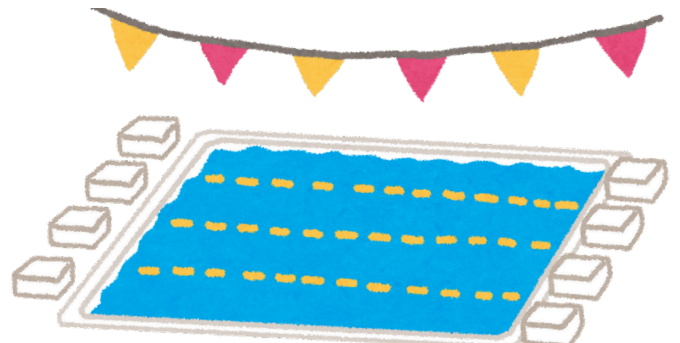
*****All Extended day registration must take place no later than the Friday of the desired week.*****

Early Care: (7:00a-8:00a)

- Early Care drop off begins at 7:00am.
- Children should remain in their vehicles until which time, when they will be checked in by our AM Supervisor.

Late Care: (3:00p-4:00p)

- Late Care pick up takes place in the back field of the State Pool (50 W Boylston St), unless the instance of inclement weather, in which case it will be posted to the FB page and pick up will be at the CHS cafeteria.
- Late Care ends promptly at 4:00pm.
- At 4:01pm there will be an automatic \$20 late fee, and \$5/min after the first 10 minutes. No exceptions. Fees accrued must be paid prior to your child returning to the program.
- Parents MUST walk to the back of the pool and check their child out with our PM Supervisor.
- *All children MUST be checked out before leaving the premises.*
- *ID IS ALWAYS REQUIRED.* Your child will not be released unless ID is provided and matches the name on our approved pick up list.

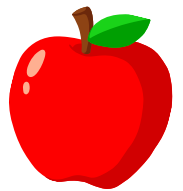
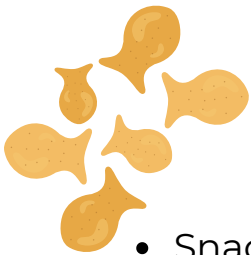


Water



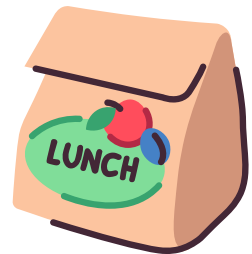
- Please make sure your child attends the program each day with a sealable, refillable water bottle that they can have and refill throughout the day.
- Gatorade and juice are fine for lunch and snack, but do not take the place of a water!

Snack



- Snack takes place between 10:00-10:30am each day.
- Please send your child to the program each day with a snack.
- If your child is taking part in “late care” please send them with an additional snack.

Lunch



- A “camp” lunch is provided on to each child free of charge besides some field trip days.
- If ever it is an obstacle to bring a home lunch on field trip days for any reason, please reach out to the office and we will ensure your child gets a lunch.
- A calendar will be released at the start of each week.
- If your child has any dietary restrictions, or does not like the provided lunch, please send them with a lunch from home. to ensure that they are eating during the day.

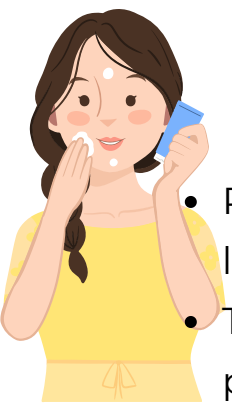




Dress Code



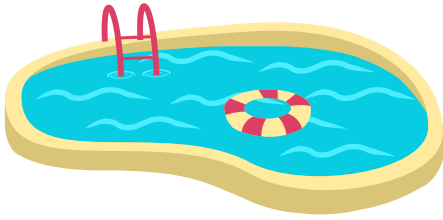
- All apparel must not have inappropriate language or graphics.
- Socks and sneakers must be worn at all times. Participants must have shoes with fully closed toes that tie or fasten.
- Absolutely no crocs or sandals are to be worn at drop off or for any outdoor programming.
- If your child would like to wear crocs/sandals at the pool, they must be in their bag until it is time to change.
- Please send your child in clothes that you do not mind getting dirty. Outdoor activities and crafts are a common part of our day that sometimes lead to messy clothing and shoes.
- Please be sure your child is wearing weather appropriate clothing that they can play outside in. It will be hot outside & games will require running around!
- In the instance that the dress code is not followed, and it is caught after drop off, the parent/guardian will need to bring a change of clothe/shoes or pick up the child immediately.



Sunscreen



- Please send your child each day with their own sunscreen labeled with their first & last name.
- The first application of sunscreen should be applied by the parent or guardian before drop-off at the program.
- Staff-assisted applications of sunscreen will be applied following snack before outdoor play, and then following lunch before heading to the pool for the afternoon.
- If additional staff-assisted applications and reminders are needed for your child, please reach out to the office directly to make accommodations.



The Pool

- Weather permitting, the entire program will be walking to the pool most afternoons. If your child plans to swim, please send them with their swimsuit and towel. Children will not be permitted in the pool in regular clothes.
- All children under 8 years old are restricted to the kiddie pool. No exceptions. This is a DCR policy.
- In order to swim in the big pool, Summer Playground participants must pass the DCR swim test. This will be conducted by the DCR Lifeguards usually on the first day that the program visits the pool.
- If for any reason you do not want your child swimming, please reach out to the CPR Office prior to the start of the program.
- DCR Pool Rules & CPR Rules must be followed. Children are required to respect the authority of the lifeguards.
- Pool Rules can be found here:
<https://www.mass.gov/locations/philip-j-weihn-memorial-swimming-pool>

DCR Swim Lessons

- DCR Swim lessons are not booked through CPR.
- IF you have registered your child for swimming lessons through the DCR during the program day, we will work with you to try to get them there depending upon what is planned for the day.
- These accommodations must be made in advance with the CPR Office and may not be feasible. Same-day accommodations cannot be made.



Teen Leadership

- Participating in Teen Leadership is an entirely separate voluntary program, and available to participants entering 8th grade.
- Participants enrolled in this program will go through the application process, similar to that of our CITs and counselors, and will need to be “accepted” into the program.
- Participants enrolled in this program will attend the Teen Adventure program for Tuesday & Thursday field trips, and act as a CIT at our Summer Discovery Program for the remainder of the week.
- If it is found that a participant cannot “handle” being a part of this program and a productive staff member, they will be asked to leave and no refund will be provided.
- Participants are still expected to be a leader, and follow all behavior expectations, regardless of what site they are at.
- Teen Leaders will wear their staff shirts MWF and their field trip shirts Tuesday & Thursday.

Summer Discovery takes place at Clinton Middle School, entering through the door on the far right side across from the tennis courts. Signage will be posted.

LEADER

All Program Field Trips 2025

**All field trips are always subject to changes or cancellation
without prior notice**

Week	Location	Details
Week 1	Canobie Lake Park	Late Return (6:00pm) Home Lunch Required.
Week 2	Bowlero	Regular Pick Up Pizza Lunch Provided
Week 3	Dave & Busters	Regular Pick Up D&B Lunch Provided
Week 4	Urban Air	Regular Pick Up UA Pizza Provided
Week 5	Great Wolf Lodge	Late Return (6:00pm) Pizza Lunch Provided
Week 6	No Field Trip (Color Wars)	No Field Trip (Color Wars)
Week 7	Canobie Lake Park	Late Return (6:00pm) Home Lunch Required



Teen Only

Field Trips 2026

**All field trips are always subject to changes or cancellation
without prior notice**

Week	Location	Details
Week 1	Launch	Lunch Included
Week 2	Level99	Lunch Included
Week 3	Boundless Adventures	Home Lunch Provided
Week 4	Putt Shack	Lunch Included
Week 5	Boston Paintball	Home Lunch Required
Week 6	Color Wars No Field Trip	Color Wars No Field Trip
Week 7	Top Golf	Lunch Included

All teen trips depart by 9:00am and return by 2:00pm



Field Trip Information



- All program field trips will be each Thursday, and Teen only trips are Tuesday unless otherwise stated.
- Please arrive no later than 8:30am on field trip days, as departure will be prompt. If your child is not present at the hard departure time, they will be marked as absent and may not attend the field trip.
- Please do not send your child on field trips with any additional spending money. They will not be given the opportunity to spend it, as our trips are all-inclusive.
- Participants will not have the opportunity to purchase food at a field trip venue. Lunch will always be included, or a home lunch will be required.
- If at any time during the bus ride, or field trip your child exhibits unsafe or inappropriate behavior, the participant will be separated from the group and a call home will be issued. The parent/guardian will be responsible for picking up their child immediately.
- On their first field trip, your child will receive a CPR “camp shirt” please make sure you send your child with this shirt each field trip day. Your child will not be permitted on the trip if they are not wearing their shirt.
- Unless otherwise stated, field trip pick up will be at the CHS Cafeteria.
- Cell phones, headphones, or devices may be used on the bus, however this is a privilege not a right, if your child is acting inappropriately, or taking photos of other participants/staff, their phone will be confiscated and returned to parents at check out.

Cell Phone/Device Policy

- Cell Phones/devices may be brought to the program, and are permitted for appropriate use during bus rides, but outside of this must be powered off and placed out of sight.
- If a cell phone or device for any reason becomes a distraction, or is used inappropriately, it will be confiscated, powered off and returned to the parent at pick up.
- If a cell phone/device becomes an ongoing distraction, or issue it will no longer be permitted at the program.
- If for any reason a parent needs to get ahold of their child during program hours, please contact the office and we will get you in contact with your child. Likewise, if your child needs to reach you, they can do so after speaking to a staff member.
- Clinton Parks & Recreation discourages participants bringing their cell phones and devices to the program, and we are not responsible for any broken, lost, or stolen property.

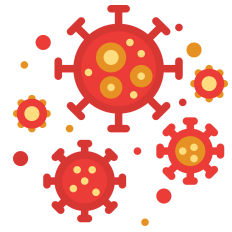
Home Toys/Game Policy

- Toys and games from home are prohibited. Please discourage your child from bringing them to the program.
- We have lots of toys and games to choose from, if your child has an idea of something they think the group might enjoy, please encourage them to make a suggestion to a staff member as we may be able to incorporate it in the program.
- If for any reason a toy/game from home is present at the program, it must remain in your child's backpack all day otherwise it will be confiscated and returned to the parent at pick up.
- Clinton Parks & Recreation discourages participants bringing their toys/games to the program, and we are not responsible for any broken, lost, or stolen property.

Strike Accountability System

- If a participant is exhibiting a behavior that violates our program code of conduct a strike will be given and the participant will sit out from activity. A call home may be issued depending on the severity of the violation.
- Upon a **first strike**, a staff member will discuss with the participant why the strike was issued, restate the expectations, and discuss how this behavior can be avoided moving forward.
- If the same behavior persists, or another violation is exhibited, a **second strike** may be given with or without additional warning. At this point, the participant will be removed from the activity and may have to have a conversation with a department or program supervisor, discussing the exhibited behaviors and following consequences. At this time a call home may occur.
- In the instance of a **third strike**, a parent/guardian will be called, and the participant will need to be picked up from the program and may not return the following 'camp' day or possibly for the remainder of the week.
- If a third strike is given repeatedly, a meeting with the parent will be scheduled, and the participant may be asked to leave the program temporarily or indefinitely.
- Consequences will always be dealt according to the severity of actions.
- Any strikes accumulated will last through the entirety of the week, but will not carry over to the next. Strikes 'reset' with a clean slate each Monday.

Sick Policy



When should I keep my child home?

- If the child has a fever over 100F, the student may return to the program once the fever is under 100F without Tylenol/Advil/Motrin for 24 hours.
- May return if no vomiting and/or diarrhea for twelve hours.
- Skin conditions including impetigo, ringworm, scabies, and other unidentified rashes need to be evaluated by a physician and have a note stating that the rash is not contagious.
- Pink Eye with active drainage---may return once antibiotic has been started.
- Active Strep Throat---may not return to the program until at least 24 hours after beginning appropriate antibiotic treatment and resolution of fever
- If someone in your household has an active case of COVID-19, please send your child to the program wearing a mask.
- If an entire week is missed due to illness, and a doctor's note is submitted, we will issue a program credit minus the \$50.00 field trip fee to be used for future CPR programming.

Refund/Cancellation Policy

- No refunds or credits will be issued if a participant withdraws from the program even if it is prior to the start date. No exceptions.
- If a program is cancelled by the department, a full refund will be issued. Refund checks will be issued by mail from the Town of Clinton and must be processed by the Town's Accounting & Treasury departments. This process typically takes 4-6 weeks for reimbursements to be remitted.
- If for any reason a participant is asked to leave or suspended from the program, no refund will be issued.

Lost & Found

- Participants are responsible for keeping track of their own belongings, please keep this in mind when deciding what to send your child with each day.
- At the end of each week, lost and found items will be brought back to the Clinton Parks & Recreation office and posted to our FB Group. Items will be held for pick up until August 29th, 2026 at which time items will be donated.

Medications

- If medication is to be administered during the program day, it is required that prior authorization and accommodation is made with the CPR Office as far in advance as possible.
- Medication (OTC or prescription) is never to be on the child's person or in their bag and must always be turned in to the AM Supervisor at check in.
- In addition to reaching out to the office DIRECTLY via phone or email, please also list any underlying conditions and all pertinent information when filling out your child's enrollment paperwork.

Behavior Expectations

- The first activity block of each week, participants will meet our staff and review a slideshow that includes our general expectations and our core values as a program to ensure everyone is on the same page.
- Parents can view that information [here](#).

Code Of Conduct

- The parent/Guardian and participant must read and sign the Code of Conduct prior to attending the program. A copy will be kept on file in the CPR office.
- All policies will be applied to this program for all participants.
- Until this is signed by the child and adult, the child will not be permitted to attend the program.

CPR Core Values & General Expectations



Respect

Respect yourself, your fellow campers, and all CPR Staff, property, and vendors.



Kindness

Always be sure you are practicing kindness through your words and actions.



Safety

Listening to staff members, making safe choices to keep yourself and your fellow campers safe and out of dangerous situations.



Cooperation

Following instructions, being adaptable, practicing quick and easy transitions between activities.



Contribution

Being a part of our team, doing your part, cleaning up after yourself, and being willing to try new things.



Talk to your counselors! We are here to help, and cannot solve a problem we are unaware of!



If for any reason you need to leave one place and go to another, ALWAYS let a staff member know first. We need to know where you are at all times.



Have fun, but never at the expense of others.



Keep your hands to yourself always!



Use appropriate language.



No phones, electronics, or toys from home should leave your backpack.



Follow the CPR Code of Conduct & Core Values.



Inside voices and feet while inside the building.



Treat others the way you want to be treated.



Anyone and everyone who wants to play can play!