



January 2026

NOTTS RAINBOW REVIEW

If you have any information or ideas you would like to see in the Review, just e-mail the details to

**Nottinghamshire's
Rainbow Heritage**
at
nottsrh@hotmail.co.uk



NOTTS RAINBOW REVIEW

FROM THE SPENCER TRUST

Rest & Restore



LGBTQ+ Retreat

Escape to Nanpantan Hall, where worries fade in serene surroundings. Discover a free retreat where peace and rejuvenation become a reality.



**THE SPENCER
TRUST**

EXCLUSIVE
RETREAT
CLUB
TEAM, REST, RECHARGE • BODY, MIND, SOUL

Feeling stressed, isolated and things getting on top of you? Join us for our first 2026 date, a two day restorative experience filled with well being, mindfulness and nature. All designed to help you recharge and reconnect.

Spaces are limited and fully subsidised, applications will be processed in confidence by wellbeing professionals. If you applied last year, you will have been sent an email and will be given priority on available spaces.

If you did not apply last year, please fill in an application form from the link

<https://forms.office.com/r/fvdwQgsbXM>

Date: 23rd - 25th February 2026

Venue: Nanpantan Hall, Loughborough

Closing date for applications: 25th January 2026

ANTI-TRANS SAFETY GUIDANCE

We've been seeing a lot of silly behaviour in Nottingham recently - from protesting a march against misogyny to transphobic harassment in Hockley.

Check out our guidance on how to deal with this behaviour!

WE'VE SOUGHT
ADVICE FROM
LEGAL EXPERTS
AND
NOTTINGHAM
INSTITUTIONS!



NOTTINGHAM PASTEL PROJECT

At NPP, we're committed to ensuring Nottingham is a safe and welcoming city for the trans community.

When we heard of an incident of a transphobic YouTube 'Auditor' stalking about in Hockley and looking to cause trouble, we reached out to allies and experts across the city to help publish guidance to keep you safe.

The following documents outlines your rights, what circumstances may breach these rights, and what actions you can take if this happens!

If you would like a pdf of the guidance contact us on
info@pastel-project.co.uk

PRIDE, HOPE, HOME LGBT+ CELEBRATION

The day has been curated as a celebration, inspired by a research project exhibition of stories of LGBT belonging called IncludeAge as well as Sacha Coward's work *Queer as Folklore*. It's a day of discussions around place, safety and belonging across the LGBT/Queer community.

Saturday, 7th February, 2026 11am-5pm
Bonington Gallery
Dryden Street, Nottingham, NG1 4GG

For full details, go to the Five Leaves Bookshop website's events page

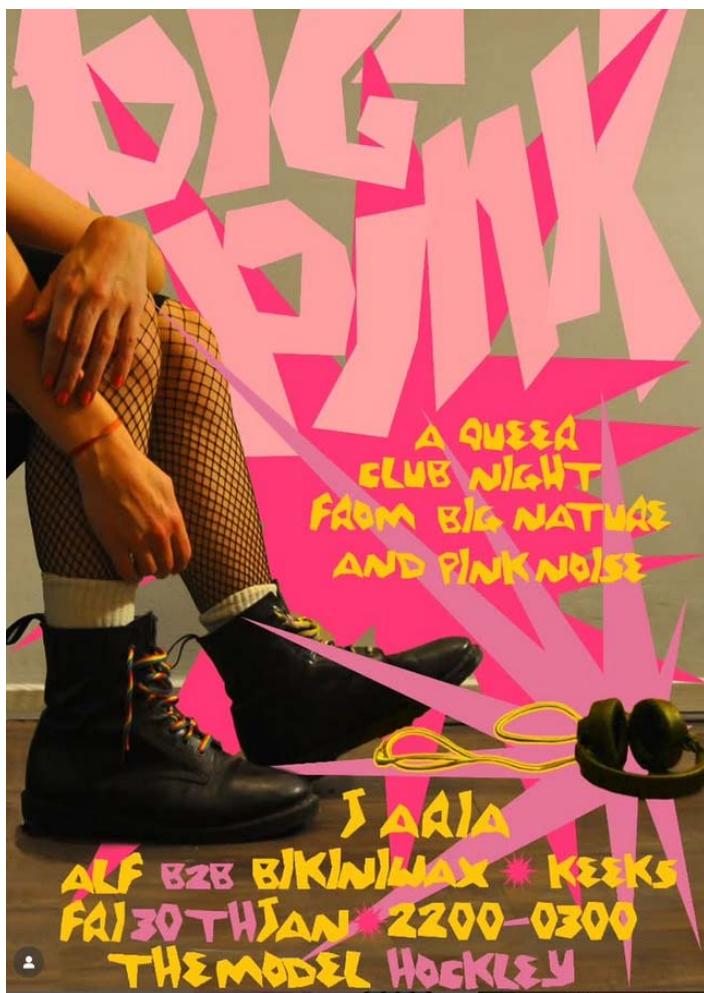
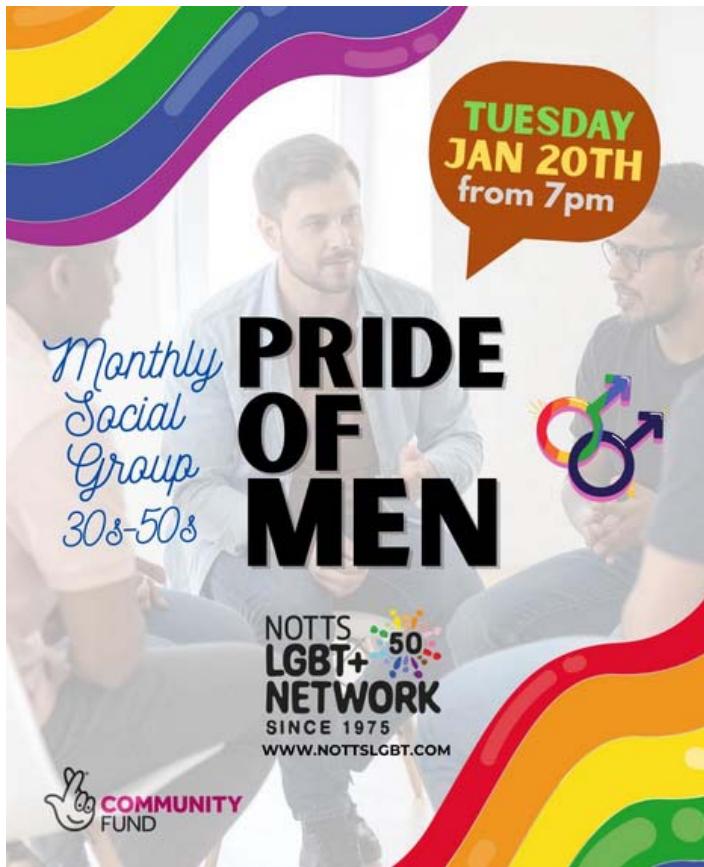


Some of Nottingham Front Runners completed their run on January 8th despite battling through Storm Goretti.



PHOTOS FROM THE GLADRAGS NEW YEAR'S BALL





In just over two weeks time, we will be taking over @themodel.ng to bring you an amazing lineup of queer DJs to blast away those winter blues and give your 2026 an ecstatic start! For tickets, search

Big Pink at <https://ra.co/events>



QUEER WOMEN'S MEET & MINGLE @ MOJO

Join us for a fun night of vibes, chats, and new friends at MOJO!

This Valentine's Day, MOJO is teaming up with the Nottingham WLW Network to host a relaxed meet & mingle for all LGBTQ+ women and non-binary people.

Saturday, Feb 14 from 5 pm to 10 pm
10 Thurland Street Nottingham NG1 3DR

