

[OBJ]

Please do this every night; with Aloe and a little water 💧 or Witch hazel to thin it out slightly .
Before bedtime everyday. Use a syringe (3/5/10/20/60 cc) syringe or other system like below.
We are using a 3 cc syringe here; optimally use a 20ml syringe and inject about 15-20ml a night.
Do that for at least 2 months beyond symptom cessation.

[OBJ]

https://www.dropbox.com/scl/fi/g02i4s00nv01zfpzx8jak/IMG_3648.MOV?rlkey=kewzliko06gomv0wbst8tcg5j&st=i083vx9n&dl=0

Link for purchase of Aloe and Witch Hazel

Also available OTC from pharmacies and big box wholesalers:

<https://a.co/d/cQqHRFg>

<https://a.co/d/7INi9oe>