Because of the great responsibilities of a Confirmation Sponsor, the Catholic Church has some minimum requirements it asks of all sponsors to fulfill in order to best serve this role. These are set forth in accordance with the Code of Canon Law.

1. Religious Denomination: A sponsor must be a Roman Catholic because of the religious duties of sponsors.
2. Minimum Age: A sponsor must generally be 16 years by the date of the Confirmation.
3. Sacraments of Initiation: a sponsor is a Baptized Catholic who has received Confirmation and Holy Eucharist in the Catholic Church.
4. Freedom to Receive the Sacraments: the sponsor is a practicing Catholic who is free to receive Holy Communion when he/she comes to Mass.
5. Marital Status: A Catholic sponsor who is married must be in a marriage that is recognized by the Catholic Church.
6. Unmarried Status: If unmarried, a sponsor must be living a life consistent with a single person as defined by the Catholic Church. Anyone cohabitating with another person (i.e. living in a romantic relationship or as a couple) is ineligible to serve.

Sponsor for the Sacrament of Confirmation Form

Please take this to your home Parish and sign it in front of your Pastor or Church Official who will support this with their signature and the seal of the Parish.

I, , have been asked to be a sponsor for the Sacrament of Confirmation for who will celebrate the Sacrament of Confirmation at the Church of St. Joseph, Red Wing, MN.

I affirm that:

1. I am at least 16 years of age
2. I am fully initiated into the Catholic Church through the Sacraments of Baptism, Eucharist and Confirmation and am striving to live a life in accordance with Catholic Church teaching.
3. I am an active and participating Catholic and promise to the best of my ability to serve as an example in encouraging the child to participate in the Sacramental Life of the Church.

Signature of sponsor Date

Signature of Pastor or Church Official Date

Drop off or mail to:

Church of St. Joseph

Attn: Michelle Orso

 426 8th Street

Red Wing, MN 55066

Seal of the Church