

KIDZ GYM - Welcome Information Packet

Rooted in Fun. Planting Confidence. Growing in Strength.

Welcome to the KIDZ GYM Family!

We're so excited you're here! At KIDZ GYM, we believe every child deserves a place where they can build confidence, develop new skills, and have fun in a safe, encouraging environment. Whether your child is taking their very first gymnastics class, tackling a ninja obstacle course, or celebrating a birthday with friends, our goal is to create positive experiences that help them grow stronger, braver, and more confident every week!

Our curriculum-based, 45-minute classes are designed to “grow amazing kidz” by keeping them moving, learning, and smiling while developing the physical, cognitive, and social skills they'll use for years to come!

Why Families Love KIDZ GYM

- Year-round, month to month enrollment - start anytime
- Structured, curriculum-based classes
- Positive and encouraging coaches
- Age-appropriate skill progressions
- Small class sizes
- Weekly themes that keep learning exciting
- Clean, safe, and welcoming facility

Our Curriculum: At KIDZ GYM, every class is intentionally designed around three key areas of child development:

- 1) **Physical Development:** Children build strength, balance, flexibility, coordination, agility, and body awareness through age-appropriate gymnastics and ninja activities.
- 2) **Cognitive Development** Each class encourages listening, problem-solving, following directions, focus, memory, and creative thinking through engaging activities and games.
- 3) **Social Development:** Our athletes learn teamwork, sportsmanship, communication, confidence, patience, and independence while making new friends in a positive environment.

Find the Perfect Class

- 1) Sproutz (18 Months–3 Years):** Our parent participation class introduces toddlers to movement through climbing, balancing, jumping, music, and beginner gymnastics activities. Sproutz helps develop gross motor skills, listening skills, confidence, and social interaction while creating meaningful bonding time between parent and child.
- 2) Seedlingz (3–4 Years)** Your child's first independent gymnastics class. Children begin learning how to follow directions, take turns, ask for help, and build confidence while exploring beginner gymnastics on the floor, bars, beam, and trampoline.
- 3) Brancherz (4–5 Years)** Brancherz introduces more advanced gymnastics fundamentals in a fun and structured environment. Athletes begin mastering rolls, handstand progressions, cartwheel basics, bar swings, beam skills, and jumping techniques while building strength and confidence.
- 4) Mini Ninja (3–5 Years):** Perfect for energetic little movers, Mini Ninja introduces climbing, balancing, vaulting, obstacle courses, and body control through exciting ninja-inspired challenges designed just for younger athletes.
- 5) Treetopperz (6–8 Years):** As children grow, so do their skills. Treetopperz continues developing gymnastics fundamentals across floor, beam, bars, vault, and trampoline while learning goal setting, perseverance, and greater independence.
- 6) Ninja Juniors (6–8 Years):** An action-packed class where athletes develop strength, speed, agility, climbing skills, balance, vaulting, and obstacle course techniques through fast-paced activities that build confidence while having fun.
- 7) Skychaserz (8–11 Years):** Designed for older beginners who are ready for exciting challenges. Athletes strengthen their gymnastics skills while learning handstands, round-offs, bridge progressions, beam work, bar swings, vaulting, and more.

Tuition:

- Monthly Tuition: \$129 / Month
 - Sibling Discount: 20% (\$103.20 / Month)
 - Multi Class Discount: 20% (\$103.20 / Month)

Enrollment Information: Enrollment is simple through our Parent Portal.

- Tuition is billed automatically on the **1st of each month** using the payment method saved in your Parent Portal.
- Tuition is **prorated** for students who enroll after the 1st of the month.

- Your monthly tuition reserves your child's place in class, regardless of attendance.
- KIDZ GYM is a **year-round membership**, and tuition remains the same each month. Some months may have three classes while others have five, averaging four classes per month over the course of the year.
- Scheduled holiday closures are already built into our annual calendar and tuition structure. Tuition is not reduced during holiday closure months.
- A valid credit or debit card is required to remain on file for all active memberships.
- Need to change your class? Families may transfer to another class within their child's age group at no additional cost when space is available.
- To discontinue your membership, please email **info@kidzgym.com** before the **1st of the month**. Cancellation requests received on or after the 1st will take effect the following billing cycle.

Risk-Free Enrollment: We're confident you'll love KIDZ GYM. If you're not completely satisfied after your child's first two classes, contact us within the first two weeks of enrollment to cancel your membership and receive a full refund.

Sibling Discount: Every additional sibling receives 20% off monthly tuition and KIDZ GYM events, including Parents' Night Out.

Missed Classes: Each enrolled student receives one complimentary Open Gym make-up every month. Make-up Open Gyms may be scheduled up to two weeks in advance and expire at the end of each month.

Year-Round Membership: KIDZ GYM is a year-round program. Tuition reserves your child's place in class throughout the year. While some months include three classes and others include five, our annual calendar averages four classes per month. Scheduled holiday closures are already built into our tuition structure, so tuition is not adjusted during holiday weeks.

More Than Just Classes: KIDZ GYM is more than a weekly activity. It's a place where families play, celebrate, and make lasting memories together.

- 1) **Birthday Parties:** Celebrate your child's special day with a private KIDZ GYM birthday party. Every party includes guided gym activities, obstacle courses, free play, and dedicated party room time while our team handles the activities so you can enjoy the celebration.

- 2) Parents' Night Out:** Parents' Night Out gives children ages 4–11 an evening filled with gymnastics, obstacle courses, games, pizza, free play, and lots of fun while parents enjoy a well-deserved night out.
- 3) Seasonal Camps:** When school is out, KIDZ GYM camps are in session. Campers enjoy gymnastics, ninja obstacle courses, themed games, creative activities, and structured play in a safe and engaging environment.
- 4) Open Gym:** Open Gym allows children to explore KIDZ GYM at their own pace. Practice skills, complete obstacle courses, jump on the trampoline, or simply enjoy active play in our supervised facility. We also offer private playdates for families and groups.

Frequently Asked Questions

- 1) Can my child start anytime?** Yes. Enrollment is open year-round, and tuition is prorated when starting mid-month.
- 2) Is there a contract?** No. There are no long-term contracts or session commitments.
- 3) What should my child wear?** Comfortable athletic clothing or a leotard is recommended. Hair should be tied back, jewelry removed, and athletes participate barefoot.
- 4) Can we switch classes?** Yes. Families may transfer to another class within their child's age group whenever space is available.
- 5) What happens if we miss a class?** Each enrolled athlete receives one complimentary Open Gym make-up every month.
- 6) What if KIDZ GYM isn't the right fit?** Our Risk-Free Enrollment Promise allows families to cancel within the first two weeks (after two classes) and receive a full refund.

Ready to Join? We can't wait to help your child grow stronger, braver, and more confident every week.

Website: www.kidzgym.com

Email: info@kidzgym.com

Address: 7565 Claxstrauss Drive Sarasota, FL

Thank you for choosing KIDZ GYM. We look forward to welcoming your family!