



### Release and General Liability Waiver

This EVENT (Videoconference, Pre-recorded Video, Retreat/Workshop/In Person Session) may consist of somatic exercises, guided meditation, breathwork, energy therapy/cultivation and wellness education. Methods of energetic therapy aim to balance the bio-energetic field/subtle body anatomy and their effects on consciousness and well-being. Sessions are focused solely for education, demonstration and empowerment. Sessions can include receiving transmissions and activations of specific vibrations/frequencies of energy including but not limited to prana/chi/life force and kundalini/shaktipat.

I understand that the EVENT involves physical, emotional and psychological risks. I voluntarily assume all associated risks.

I understand the EVENT is not used to diagnose, treat, cure or prevent any disease or psychological disorder and is not a substitute for medical/psychological treatment. Any information in the event isn't a recommendation to stop seeing your health care professionals or to stop using prescribed medication without the consultation of your health care provider.

The scheduled EVENT isn't a guarantee regarding the outcome of a condition or symptom. You agree to release, indemnify, hold harmless Realm of Origins LLC and Shaun Olsen for all claims which you or your representatives may have for any loss, damage or injury of any kind arising out of connection with the EVENT.

This release and authorization form applies to ANY AND ALL subsequent EVENT with Realm of Origins LLC and Shaun Olsen.

I CERTIFY that I am in good physical condition, that I have sufficient preparation of training to participate in this activity and that I have not been recommended by a qualified medical professional not to participate.

I acknowledge that this Release and Liability Release form will be used by the owners, sponsors and organizers of the activity in which I may participate, and that will govern my actions and responsibilities in said activity. In consideration of my request and allowing you to participate in this activity, you hereby made arrangements for me, my executors, administrators, heirs, next of kin, successors by assigning as follows:

I WAIVE, RELEASE AND RELEASE any and all liability, including, but not limited to, liability arising from the negligence or fault of the released entities or persons, for my death, disability, personal injury, property damage, theft of property, or actions of any kind that may occur in the future, including my journey to and from this activity. THE FOLLOWING, ENTITIES OR PERSONS: Realm of Origins LLC and Shaun Olsen and/or its director, officers, volunteers, representatives and agents, and activity holders and sponsors;

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A LIABILITY WAIVER AND CONTRACT AND ACKNOWLEDGE IT AT MY OWN FREE WILL.

Signed \_\_\_\_\_

Date \_\_\_\_\_