

February 1st, 2026 | Fourth Sunday in Ordinary Time



PARISH FAMILY 39



Pastor Rev. Woody McCallister | Parochial Vicars Rev. Navy Thomas & Rev. Bhaskar Chappidi



Holy Disciples

10425 187th Street E.
Puyallup, WA 98372

(253) 875-6630
www.holydisciples.org

Mass Times

Saturday (Vigil) 5:00 PM
Sunday 8:00 AM & 10:30 AM

Daily Mass
Wed. Thurs. & Fri. 9:00AM

Confession
Sat. 3:30-4:30PM

Our Lady of Good Counsel

229 Antonie Ave N.
Eatonville, WA 98328

(253) 875-6630
www.holydisciples.org

Mass Times

Saturday (Vigil) 4:00PM

Daily Mass
Thurs. 4:00PM

Confession
Sat. 2:30PM-3:30PM

Sts. Cosmas and Damian

213 Leber St. NW
Orting, WA 98360

(360) 893-3154
irenessed@gmail.com

Mass Times

Sunday 9:00 AM

Daily Mass
Wed. & Fri. at 9:30AM

Confession
Sun. 8:00AM-8:30AM &
Fri. 10:00AM - 10:30AM

Our Lady Queen of Heaven

14601 A Street South,
Tacoma, WA 98444

(253) 537-3252
info@olqhcc.com
www.olqhcc.com

Mass Times

Saturday 4:00 PM
Sunday 8:30 AM & 11:00 AM

Daily Mass Wed. Thurs. &
Fri. at 9:00AM

Confession
Wed. 9:30AM-10:30AM &
Sat. 3:00PM-4:00PM

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Supervisor | jbradshaw@olghcc.com**Joe Manglona**

OLQH & SSCD Facilities

WELCOME!**Hello and welcome to Parish Family 39!**

We are delighted that you are here. Whether you have been a parishioner for many years, a guest, or it is your first time visiting us, welcome! We strive to be a family that joyfully welcomes all of God's children and are committed to serving all who come to our doors. Parish Family 39 offers faith formation, community events, and many other opportunities for connection. *May God Bless you!*

Are you new to the Parish? Contact your parish office at your given campus to register!

Legend: Holy Disciples (HD), Our Lady of Good Counsel (OLGC), Sts. Cosmas and Damian (SSCD), Our Lady Queen of Heaven (OLQH)

Saturday, January 31 St. John Bosco

4:00pm	OLGC	
4:00pm	OLQH	† Lee Finnerud
5:00pm	HD	

Sunday, February 1 St. Brigid of Ireland & Bl. Benedict Daswa

8:00am	HD	
8:30am	OLQH	† Holy Souls of Purgatory
9:00am	SSCD	
10:30am	HD	
11:00am	OLQH	People of the Parish

Wednesday, February 4

9:00am	HD	
9:00am	OLQH	Mass Cancelled
9:30am	SSCD	† Mary Kresak

Thursday, February 5 Memorial of St. Agatha, Virgin and Martyr

9:00am	HD	
9:00am	OLQH	† Beverly Selena
4:00pm	OLGC	

Friday, February 6 Memorial of St. Paul Miki and Companions, Martyr

9:00am	HD	
9:00am	OLQH	First Friday, Anointing & Adoration
9:30am	SSCD	Mass Cancelled

ANOINTING OF THE SICKHoly Disciples:

First Wednesday at Mass

Sts. Cosmas & Damian:

First Wednesday at Mass

Our Lady Queen of Heaven:

First Thursday at Mass

Our Lady of Good Counsel:

First Friday at Mass

**EUCCHARISTIC ADORATION**

Please join us for
Adoration of the
Blessed Sacrament!

HD: Wednesdays
after 9am Mass until
10:30am

SSCD: First
Friday after
9:30am Mass
until 11am

OLQH: First
Friday's after
9:00am Mass

PRAYER MINISTRIES

Holy Disciple's Prayer Ministry
If you or someone you know is in need of
prayers, email the church office or Anita
Ary-Price at anitalynn0126@aol.com.

OLQH Prayer Line

Do you love to pray for others? Members of this
ministry receive requests for intentions and
make a commitment to pray for them. Please
contact the OLQH Office at info@olghcc.com
to add a prayer intention.

SSCD Prayer Line

Contact the Sts. Cosmas and Damian
Parish Office or Irene Tangen at
irenesscd@gmail.com to place a name on the
Prayer Line.

LOCATION COLOR KEY:

Our Lady Queen of Heaven

Sts. Cosmas and Damian

Holy Disciples

Our Lady of Good Counsel

What is a Missionary Disciple? Do you feel you are such a person?
"Standing with the Marginalized: Develop the Practice of Missionary Discipleship"

A special one-day retreat focused on helping parishioners foster the practice of Missionary Discipleship. Explore the spirituality of going out beyond your comfort zone to experience mutual transformation and kinship with God's beloved.

Saturday, March 7
 10 AM to 2 PM
 Our Lady Queen of Heaven
 Contact Karen Cole at
jagsrus@comcast.net



Volunteers Needed - Church Yard Work

Holy Disciples is looking for volunteers to do some winter yard work around the church grounds, especially in the new parking lot area. Feel free to come whenever it is convenient for you. If you have any questions, please contact the office.



Thank you for helping to keep our church grounds beautiful!

February: month of the HOLY FAMILY



Holy Disciples Bake Sale to Support Our Seminarians



We will be selling baked goods February 14th and 15th, after all the Holy Disciples Masses. For all the bakers out there, we will gladly accept donations of baked goods.

Be sure to stop by, enjoy some treats, and enter for a chance to win a beautiful quilt!



SSCD Food Collection

We are collecting food donations for Orting Food Bank today, February 1st. Thank you for your generosity!

OLQH Parish Talent Survey Stewardship Campaign

Our parish is blessed with many talents, and we'd love to know yours. Please take a few minutes to complete the Parish Talent Survey and help us better serve our community. Your time, skills, and interests—whether big or small—can make a meaningful difference. Thank you for helping our parish grow and thrive together in faith.

Scan the QR link with your phone or visit olqhcc.com to complete the survey.



A LETTER FROM THE EDITOR

Dear Friends in Christ,

Hello! Welcome to the first edition of the Parish Family #39 Bulletin. My name is Madelyn Allen, and I am thrilled to be sharing this space with you to celebrate all that goes on in our community and connect with the many events, prayer resources, and faith formation opportunities in the Family. My prayer is that this bulletin can not only share the goings on between all locations, but unite our family to be one unique, inclusive, encouraging, and Christ-centered family.

Thank you for joining us on this new journey. I invite you to read, reflect, and grow in faith through this Bulletin.

In Christ,
 Madelyn Allen

Administrative Assistant II & PF 39 Bulletin Editor

LOCATION COLOR KEY:

Our Lady Queen of Heaven

Sts. Cosmas and Damian

Holy Disciples

Our Lady of Good Counsel

Our Lady Queen of Heaven Church

Knights of Columbus

Invite you to a

Valentine Dinner Dance

February 14, 2026

A catered dinner of Mexican Cuisine

Dinner includes 3 beverages

\$30 per person

Doors open at 5:30 pm

There will be music,
and a silent auction.

Adults only

Alcohol will be served

Contact, Lynn Propeack at: 253-988-3992.
If no answer please leave a voice mail or a
text message.A WELL-ORDERED SOCIETY ROOTED IN
TRUTH, JUSTICE, AND PEACEA PASTORAL LETTER BY ARCHBISHOP PAUL D.
ETIENNEPlease take a moment to read the letter released by
Archbishop Etienne on January 26, 2026.Are you interested in joining a Catholic
Sisterhood of Faith?Calling all Catholic girls and women (ages 14-140) of Parish
Family 39!**Who We Are:** Young
Ladies Grand Institute
(YLI).We are the oldest
Catholic women's
organization in the
United States founded
in San Francisco, on
September 5th, 1887,
by three young women
inspired to help an ill
friend. Dedicated to
the Christian principles
of unity, charity, and
sisterly love, and
protection.**What We Do:**

- Monthly evening meetings and social events.
- Offer friendship, prayer, support, leadership training, and the opportunity to make a difference to those in need.
- Promote the work of the Church while working hand in hand with other Catholic women and organizations.
- Plan and execute fundraising events to support the Seminarians with their education to the Priesthood & Nuns fund.

For more info contact:

- Scotque Massett, President, 253-224-3531
- Karen Johnson, Recording Secretary, 253-262-8554
- Angela Huber, Financial Secretary, 253-228-7556
- Facebook: Holy Disciples YLI #253

THIS WEEK IN OUR
PARISH FAMILY

Sunday, February 1st

12:00PM Prayer Shawl (OLQH Kateri Rm. 2)

Monday, February 2nd

10:00AM The Chosen Bible Study (OLQH St. Joseph Rm.)

6:30PM Faith Formation (SSCD)

Tuesday, February 3rd

6:00PM Evening Prayer (SSCD Sanctuary)

6:30PM Bible Study (SSCD)

Wednesday, February 4th

Thursday, February 5th

Friday, February 6th

Saturday, February 7th

8:00AM Missionary Disciples Retreat (OLQG Greier Hall)

9:00AM Beloved Little Ones (OLQH, Conference Rm.)

2:00PM Choir Rehearsal (OLQH, Church)

4:00PM Axios HS Youth Ministry (OLQH, Greier Hall)

CALLED
BY NAME

PRAY • DISCERN • INVITE

Do you know someone
who might be called to the
priesthood or religious life?Scan the QR code to learn
more and nominate someone
by Feb. 13.Archdiocese
of Seattle

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OUTREACH

- Missionary Disciples & Martha's Table (OLQH)
- Beloved Little Ones (OLQH)
- Homebound Ministry
- CRS Ambassador (HD)
- Homework Assistance Program (HD)
- Youth Outreach Mission Trip (HD)
- Graham-South Hill Food Bank (HD)
- Feed the Hungry (HD)
- Martha's Ministry Meal Delivery (HD)

ORGANIZATIONS

- Eucharistic Adoration
- Extraordinary Ministers of Holy Communion
- Altar Server Training
- Funeral Ministry
- Ushers & Greeters
- Art & Liturgical Environment
- Lector
- Music/Choir Ministry
- Sacristan
- Altar Linens
- Hat Ministry
- Health Ministry
- Prayer Line
- Prayer Shawl
- Hospitality Committee (HD)
- The Many Faces of Holy Disciples Ministry (HD)
- A New Chapter: Widows and Widowers (HD)

Contact the Parish Office at your campus for more information



Rachel's Corner



project rachel

Peace starts here

A healing retreat for those suffering from the experience of an abortion, you do not need to walk home alone. Project Rachel offers compassionate and confidential care for those who suffer the effects of an abortion. The next Upcoming healing retreat is **March 6-8, 2026**. For more information, see posters in back of church.

Email projectrachel@ccsww.org.
Visit us at www.ccsww.org/projectrachel or
facebook.com/projectrachel
To leave a confidential message:
Frances - English: (206) 920-6413
Alejandra - Spanish: (206)-450-7814

Martha's Table

Every other Monday and Tuesday at OLQH, volunteers gather to provide a warm meal to our houseless neighbors alongside on-site laundry and shower services provided by MRRT. Reach out to the OLQH Office if you would like to support this ministry.



OLQH Ethnic Valentine Potluck Party



Do you like desserts? Do you have a sweet tooth?
This is a dessert feast!

Make a dessert of your ethnic origin and share it with your parish family on **Sunday, February 8, 2026** after the 11:00 mass in Greier Hall.

We will have door prizes and some fun stuff.

A Perfect Valentine Celebration

Come join us and enjoy a dessert feast!
Bring your Valentine!



St. Vincent de Paul

Our Lady Queen of Heaven Office	Sts. Cosmas and Damian Contact	Holy Disciples Office
Monday - Thursday	Help line	
10am-2pm	phone number	253-693-8863
(253) 537-5266	(360) 830-6879	

OLQH Confirmation Classes

Our Lady Queen of Heaven is offering Confirmation Classes for Young Adults, over the age of 18, if you have already received the Sacraments of Baptism and Eucharist.

This is an 8 week class beginning Saturday, February 7th to March 28th at 11:00am in Kateri Center. All classes must be attended for the Reception of Confirmation that will be held at Easter Vigil on April 4th.



Early Registration begins December 16th to January 7th. Email Joan at joanmeolqhcc.com to set up an appointment to register, and bring your baptism certificate. There is a \$10.00 charge for the materials.

Welcome Name Tag Weekend

After all OLQH Sunday masses on February 7th, help us create a more unified community by putting on a name tag (provided) and saying "hello" to your fellow parishioners!



MIDDLE SCHOOL ENCOUNTER

SAINTS MAKING

March 21 | 9:30am-5pm

Kennedy Catholic High School

En camino a la santidad | Trên con đường đến sự thánh thiện | 거룩함으로 가는 길

LOCATION COLOR KEY:

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Holy Disciples

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ARCHDIOCESE OF SEATTLE

ANNUAL IMPACT
REPORT 2024-25

READ ABOUT THE
ARCHDIOCESE'S
IMPACT ON LOCAL
AND GLOBAL
COMMUNITIES,
CATHOLIC SCHOOLS,
AND MINISTRIES



Birthday and Anniversary Blessings

During the Saturday (February 7th) and Sunday (February 8th) Masses at OLQH, there will be a special blessing for those with birthdays or anniversaries.



cetusa
Council for Educational Travel USA

Seeking Host
Families!!

CETUSA is a nonprofit J-1 visa sponsor organization authorized through the U.S. Department of State to coordinate high school cultural exchange programs.



Host Family Requirements



Provide a bed with a frame. Students can share a room with someone of the same gender and within 2-year age difference.



Provide some transportation for school activities. Students can ride the school bus.



Provide meals while the student is at home. Students can pay for their own school lunches and restaurant meals.



Provide a safe, caring home environment and help the student adjust to daily life in the U.S.

Student Responsibilities

- Speak in English (tested by Oral Interview)
- Provide their own clothing & cell phone
- Provide their own health insurance
- Have a minimum of \$250 per month in spending money to pay for cell phone, toiletries, specialty food, entertainment, school & graduation supplies, etc.
- Share their culture with their host family

CETUSA Responsibilities

- CETUSA screens accepts, and prepares students for the program
- CETUSA provides host families with continuous support via a local coordinator and a live 24/7 emergency number
- CETUSA local coordinators provide orientations for students and host families and monthly check-ins

Contact: Jennifer Palermo, CETUSA Regional Coordinator
JenniferP.cetusa@gmail.com

Sunday Gospel Reflection

February 1, 2026
4th Sunday in Ordinary Time
Matthew 5:1-12a

Friends, our Gospel for today is one of the most beautiful and important in the New Testament: the beginning of the Sermon on the Mount, the eight Beatitudes. Why is it so important? Because it is the Son of God telling us how to be happy. It is the one who can't be wrong telling us how to achieve that which each of us most basically wants. What could be more compelling?

At the heart of Jesus' program are these Beatitudes: "Blessed are the merciful" and "Blessed are the peacemakers." These name the very heart of the spiritual program, for they name the ways that we participate most directly in the divine life.

One of the most important words to describe God in the Old Testament is *chesed* (tender mercy). The New Testament version of this is found in the First Letter of John: God is *agape* (love). Everything else we say about God should be seen as an aspect of this *chesed* and this *agape*. *Chesed* is compassion; *agape* is willing the good of the other. Therefore, if you want to be happy, desire to be like God. Do it and you'll be happy.

-Bishop Robert Barron www.wordonfire.org

PREPARES Open Your Heart Appeal



PREPARES accompanies pregnant and parenting mothers and fathers who make the choice for life, providing support from pregnancy to the child's fifth birthday.

PREPARES
Pregnancy & Parenting Support
preparesforlife.org

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Upcoming JMJ Pilgrimages



MAY 4TH-17TH, 2026: POLAND, PRAGUE, AND GERMANY LED BY FR. PAUL BRUNET.

MAY 21ST-JUNE 4TH, 2026: ISRAEL & JORDAN. LED BY FR. TOM SUSS.

SEPTEMBER 3RD-17TH, 2026: TOUR OF ITALY. LED BY FR. DEAN MBUZI

FOR FURTHER INFO CALL EVELYN CZAPIEWSKI AT (253) 229-5554

HD Faith Formation

MARK YOUR CALENDARS!

FF Mass Class at HD on Sat., March 14 at 10:00AM

FF First Communion at HD on Sat., April 25 at 5:00PM

PF39 Youth Confirmation at HD on Sat., May 30 at 5:00PM

Questions about sessions? Contact Rita (K-5), Monica (Youth Groups), or John (Adult OCIA and Confirmation)

STEWARDSHIP CORNER

PARISH
STEWARDSHIP
TIME. TALENT.
TREASURE.

We invite you to take a moment to reflect on the many ways God has blessed you and ask you to prayerfully consider your stewardship to our Parish Family. Through generous and responsible giving, we support the Church's mission, sustaining our many ministries, and help our parish grow in faith and service.

To make giving easy, please scan the QR code for your campus to donate and support our shared mission.



Our Lady of
Good Counsel



Holy Disciples



Sts. Cosmas and
Damian



Our Lady Queen of
Heaven

Thank you for your continued generous support!



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