

Kittatinny-Newton Recreational Basketball League

Game Rules - 3rd and 4th Grade Level

Approved 09/2024

Games shall be played in accordance with the current New Jersey High School Rules, except for any changes specifically stated in these Rules.

GAME PARTICIPATIONS REQUIREMENTS

All players MUST play at least half of the game.

Defense

1. Defensive players are not allowed above the **top of the key**. However, the offense must continually enter the ball into the offensive zone (below the top of the key) while attempting to score. Stalling is not allowed! The spirit of the rule is intended to promote offensive play. Failure to enter the ball in the offensive zone will be called as a five second violation. A warning will then be issued to both teams and the ball will remain in the possession of the offense.
2. No trapping the ball outside of the key (paint area). It is the intention of this rule to eliminate purposeful trapping, which will limit offensive play. Two players near the ball is not always a trap and will be left to the referee's judgment.

BASKET HEIGHTS and FOUL LINE SHOTS

3. Nine (9) feet basket and Thirteen (13) feet foul line. (Two feet closer)
4. Foul shots will be played on the release.

THREE POINT BASKET

5. No three-point baskets are allowed.

GAME CLOCK RULES & ALLOWABLE TIMEOUTS

6. Games will be played by EIGHT (8) minutes quarters with the **clock stopping for free throws and time-outs. No overtime periods.**
7. Two 30 second time-outs will be allowed per half. (They do not carry over unused)
8. FIVE (5) minutes will be allowed for warm-up between games and four (4) minutes between halves. Time between quarters will only last one minute.
9. **The ref will briefly stop the clock at roughly the four-minute mark in each quarter to allow for (optional) subs** (coaches can sub at any other appropriate point in the game).

PERSONAL FOULS

10. If a team is down to five (5) players and one or more receives his/her fifth foul, that player can remain in the game but any additional fouls will result in two shots for the opposing team and possession of the ball.

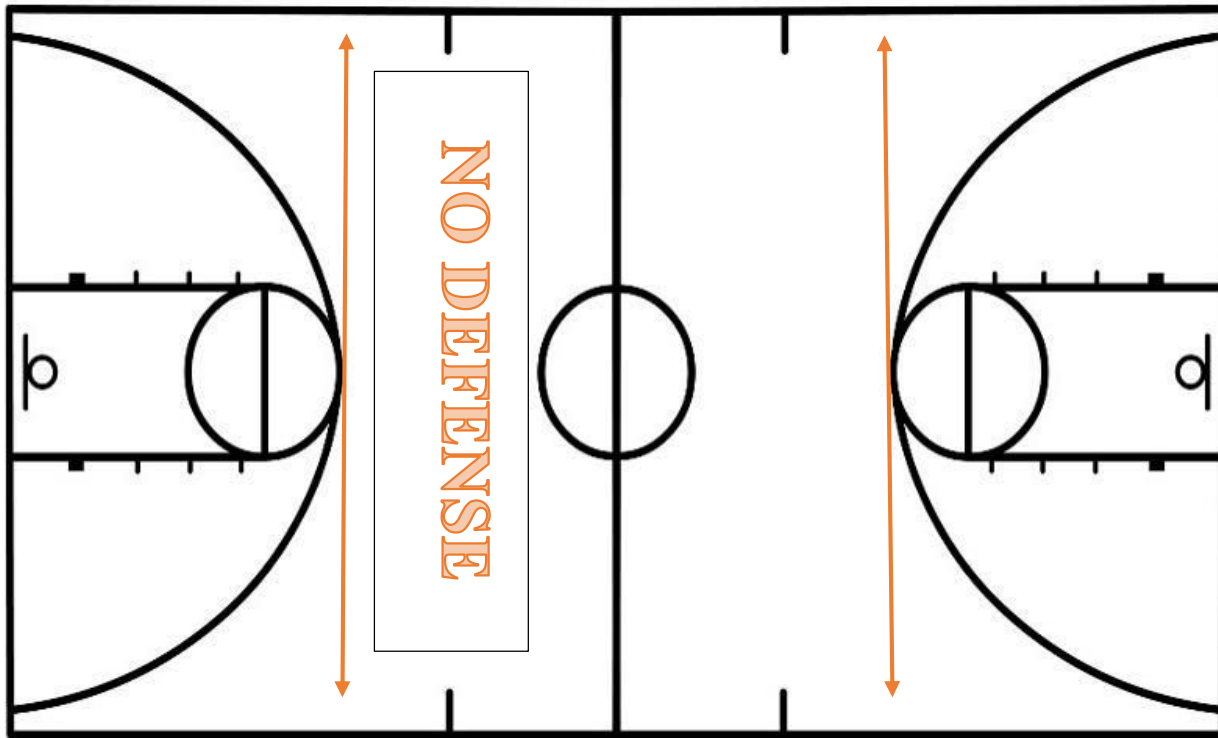
GAME BALL PROVISION

11. The 3rd/4th Grade Divisions shall use the 27.5 ball.

Lane Violation

12. Three second lane violation will apply after one explanatory warning. Each team will receive one warning.

3/4 DEFENSIVE RULE



OFFENSIVE
ZONE

THE RULE STATES THAT THE
OFFENSIVE ZONE IS FROM THE TOP OF
THE KEY DOWN. IT IS **NOT** THE THREE
POINT LINE.