

Antimicrobials are medicines that are used to treat or prevent infections.

- *The more we use them, the more we encourage Antimicrobial Resistance which can then cause serious infections we cannot treat. We CAN all do our part to help keep antimicrobials effective!*



Here's how...

As a parent

I CAN...

- ✓ Learn the difference between *bacterial* and *viral* infections and know that **antibiotics do not work against viral infections**
- ✓ Teach my kids **good hand hygiene** and keep them **up-to-date with vaccinations** to prevent infections
- ✓ **Responsibly dispose of my children's unused antimicrobials** by taking them to a pharmacy for safe disposal
- ✓ **Follow the directions provided by the doctor or pharmacist closely** whenever my children are prescribed an antimicrobial
- ✓ **Encourage my friends and family** to be responsible with antimicrobials